

S O U T H E R N

SARATOGA

M A G A Z I N E

Complimentary

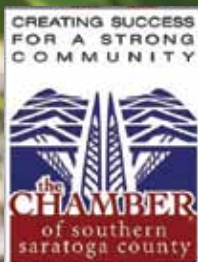
Spring / Summer, 2012

**Local Craftsman Creates One-of-a-Kind
Pieces from Reclaimed Wood**

**Ursula – An Enduring Icon
of Haute Couture**

**They Aren't Your Fathers
Summer Camps Anymore**

**Pensink – Local Girl
Making Pens**



Certified
Pre-owned
Vehicles

Body Shop
on premises

Rental Cars

Fantastic
Service Dept.

**What people
are saying:**

*"This was the best
experience I've had in
purchasing a car for
several years, with both
the agency and the
sales staff."*

AT NORTHWAY TOYOTA/SCION...

WE WANT TO MAKE YOU A CUSTOMER FOR LIFE!

Every customer is our best customer

See our full line of 2012 FUEL EFFICIENT
HYBRID VEHICLES and save money on fuel costs.



www.northwaytoyota.net • 1-888-310-6290



ToyotaCare

2 YEARS, 25,000 MILES

**NO CHARGE OIL CHANGE, TIRE ROTATION
& ROADSIDE ASSISTANCE**

Provided by Toyota. Included With Any New Vehicle Purchase
Covers normal factory scheduled service for 2 years or 25,000 miles, whichever occurs first.
The New Toyota Vehicles can not be a part of a rental or commercial fleet or a delivery or
taxi vehicle. See participating dealer for coverage details.



NORTHWAY

TOYOTA | SCION

ROUTE 9, LATHAM, SOUTH OF THE CIRCLE
MONDAY - THURSDAY 9-8 • FRIDAY & SATURDAY 9-6 • SUNDAY 12-4

A Langan Automotive Group Dealership



Enjoying The High Life In Tech Valley's Epicenter

Forty-five years is a long time. In 1967 gas was 30 cents a gallon, \$30,000 homes were considered expensive and wi-fi, cell phones and even Ataris were an engineer's dream. In that year the Clifton Park-Halfmoon Chamber of Commerce was founded to serve the business needs of a small, mostly agrarian bedroom community located halfway between Albany and Saratoga Springs. Few people might have recognized that four and a half decades later, this business organization, now known as the Chamber of Southern Saratoga County, would become the fastest growing chamber of commerce in the region, located squarely at the epicenter of Tech Valley.

And what a place our little piece of real estate has become! Within a 20 mile radius you can pick an apple, buy fresh vegetables, milk and meat, catch trophy fish, take a boat ride on historic waterways, hike, bike, snowmobile and snowshoe on interconnected trails, shop in a tremendous variety of stores, and visit some of the most advanced manufacturing facilities in the world today. Few places in the entire USA can boast of the variety contained within the 12 municipalities that comprise southern Saratoga County.

And so we proudly celebrate our 45th year serving the business community of southern Saratoga County. In its humble beginnings, this organization was like most, simply a place for business owners and townspeople to get together, network and socialize. Today, chambers have become a big nationwide industry, and most are run more like corporations. But the underlying principles remain – to serve local independent businesspeople and help build opportunity.

The Chamber of Southern Saratoga County maintains an information center at Exit 9 off Maxwell Drive (behind the Shoppers' World Plaza). C'mon and stop in sometime! We are also proud to partner with the Exit 9 Rest Area on the Northway, and numerous other establishments to distribute local information.







Sincerely,

Pete Bardunias, President/CEO
The Chamber of Southern Saratoga County

THE GRILL ZONE AT BURNT HILLS HARDWARE

WE HAVE THE LARGEST IN-STOCK SELECTION OF WEBER GRILLS AND ACCESSORIES IN THE AREA


Use Your Ace Card to Save Even More

 <p>\$399</p> <p>The Spirit® E-210™ 2 Stainless steel burners Electronic Crossover ignition system Porcelain-enameled cooking grates Primary Cooking area = 350 sq. in. Tank not included with LP models Natural gas grill incl 10-foot flex hose 26,000 BTU - Ltd Warranty</p>	 <p>\$499</p> <p>The Spirit® E-310™ 3 Stainless steel burners Electronic Crossover ignition system Porcelain-enameled cooking grates Primary Cooking area = 424 sq. in. Tank not included with LP models Natural gas grill incl 10-foot flex hose 36,000 BTU - Ltd Warranty</p>	 <p>\$149</p> <p>Weber® Q™ 100 Gas Grill 189 square inch total cooking area 8,500 BTU-per-hour input Stainless steel burner Push button ignition - Ltd Warranty Uses disposable 14.1- or 16.4 oz. LP cylinders (not included)</p>
 <p>\$749</p> <p>The Genesis® EP-310™ 3 Stainless steel burners Electronic Crossover ignition system Stainless Steel rod cooking grates Primary Cooking area = 507 sq. in. Tank not included with LP models Natural gas grill incl 10-foot flex hose 42,000 BTU - Ltd Warranty</p>	 <p>\$599</p> <p>Weber® Spirit® SP320™ 536 sq. in. total cooking area, 36,000 Btu. 12,000 Btu side burner, 3 stainless steel burners, stainless steel cooking grates, porcelain-enameled Flavorizer bars, stainless steel lid and cabinet doors. 8295115 Natural Gas Grill, 8295123...\$619</p>	 <p>\$99⁹⁹</p> <p>Weber® One-Touch® Grill 22-1/2" diam., One-Touch cleaning system, no-rust aluminum vent and ash catcher, triple nickel plated cooking grate, porcelain-enameled bowl and lid. 8105207 18-1/2" Diam. Grill, 8105199...\$69.99</p>

"Where Sales & Service Are Available 7 Days A Week!"

BURNT HILLS HARDWARE

217 KINGSLEY RD., BURNT HILLS **399-8141**


 Mon-Fri 8:00 am - 7:00 pm
 Sat. 8:00 am - 5:00 pm
 Sun. 9:00 am - 4:00 pm

Goodbye Junk. Hello Relief!



Say goodbye to your junk without lifting a finger. Whether it's old furniture, appliances, electronics or renovation debris, we do all the loading and clean-up.

SAVE \$25 OR \$50

ON UP TO 1/2 LOAD * ON 1/2 LOAD OR MORE *

OFF YOUR NEXT JUNK REMOVAL

* To redeem this offer, present this ad at time of pickup valid in Albany and surrounding serviced areas until June 15th 2012. Cannot be combined with any other offer and is not redeemable for cash. Not valid on single item or minimum charge pickups.

Book online at 1800gotjunk.com or call 1-800-468-5865.

1-800-GOT-JUNK?

THE WORLD'S LARGEST JUNK REMOVAL SERVICE

contents

Enjoying The High Life In Tech Valley’s Epicenter
by Pete Bardunias Page 3

Local Craftsman Creates One-of-a-Kind Pieces from Reclaimed Wood
by Monica G. Finch Page 5

Ursula - An Enduring Icon of Haute Couture
by Monica G. Finch Page 8

Local Music Beat: Rusty Old Guys Page 12

Restaurant Recipe
by The Ugly Rooster Cafe Page 14

They Aren’t Your Fathers Summer Camps Anymore
by Monica G. Finch Page 15

Antipastos Guest Experience
by Nigar Hale..... Page 18

Sunsational Skin
by Lisa Zibella Page 20

Doing Business In Ballston Spa
by Ellen Mottola..... Page 22

Artist Spotlight: Jill Daigle Murphy Page 12

Wiawata, History in the Making..... Page 25

Pensink - Local Girl Making Pens
by Stacey Morris Page 26

Weekend MBA Program
by Stacey Morris Page 28

Local Business Spotlight
by Nigar Hale..... Page 29

Calendar of Events..... Page 37

Southern Saratoga Scene..... Page 42

Local Craftsman Creates One-Of-A-Kind Pieces from Reclaimed Wood

By MONICA G. FINCH
Contributing Writer

“Most things can be given new life if someone takes the time to see its potential.”

Rod Bower (from his Web site)

Possibly the three most common reactions for anyone viewing an unsightly debris pile are: 1. That needs to go to the dump. 2. I'll cull this for any recyclables I can sell. 3. I can create something useful and beautiful from this stuff. The third reaction is that of Rod Bower – a visionary artisan of vintage detritus. For him, items salvaged from a farmer's dump hold nothing but creative potential. He is also proprietor of the fledgling Saratoga Table Works in Burnt Hills.

After 20 years in and out of the remodeling business and five years in information technology (IT) sales, he took a leap of faith about 18 months ago and established his company. Bower said he made a good living in IT sales but his heart wasn't in it, especially after being laid off four times since the 2008 bust in the economy. “I woke up hating to go to work,” he recalled. In retrospect, those rejections were a blessing in disguise.

His true passion was his lifelong hobby – working with wood. “I'd rather cut a piece of wood any day than sell IT,” he said. The Air Force veteran is a gifted and canny artisan who transforms vintage materials such as barn wood, scrap metal, slab wood, and other cast-offs into works of art that are as beautiful as they are practical. “I see the beauty in old seasoned woods and look to give them new life again,” he said.

Saratoga Table Works began when one of his creations, a patio table made from reclaimed silo wood, received so many raves from friends and guests that Bower was inspired to quit his job and establish his company. Since then, his question, “Can I do this?” has been resoundingly answered in the affirmative by a long list of customers' orders.

Among his other creations are: benches, tables, cabinets, kitchen islands, bar top slabs, and fireplace mantels. His one-of-a-kind, hand-crafted pieces include elements he has retrieved from the waste stream and given new purpose – this is Bower's trademark. “There is always something reclaimed in every project,” he said.

Bower also “rescues” standing hardwood trees from ignoble endings as mere firewood. “I recently learned some techniques from a



Photo by Marc Schultz, Gazette Photographer

Rod Bower, proprietor of Saratoga Table Works, LLC

fellow craftsman on taking standing dead hardwood trees and turning them into beautiful bench seating. Some pieces of wood have beautiful aging in it as well,” he said.

Living in a barn

Perhaps his most impressive and ambitious project to date is the complete makeover of a 32 x 130-foot barn into his family's home. Located on the historic homestead of the late Stanley Garrison, DVM, on Goode Street in Burnt Hills, Bower, his wife, Darlene, (Garrison's granddaughter) and their son, Evan, reside in what was formerly the hay loft in a dairy barn during “Doc” Garrison's time.

Built in 1900, the barn was previously converted to living quarters. However, his subsequent refinements and up-grades go light years beyond those of the prior owner's efforts. It's been an on-going project for the past six years.

Scale of the work

The family lives in a portion of the barn space. “I have touched every room in this house so I guess you can say I've worked in the entire space,” he said. His two workshops are on the barn's ground floor.

Although the living area is cavernous with its soaring arched ceiling

continued on page 7

S O U T H E R N
SARATOGA
 M A G A Z I N E



*Reach Your Target Market
 With Southern Saratoga's
 Only Magazine
 Fall/Winter Issue
 Published: Fri., Sept. 14, 2012
 Deadline: Aug. 16, 2012*

**To Advertise Your Business
 Contact Denise Danz 518-395-3135
 ddanz@dailygazette.net
 or Kelly Murray 518-395-3027
 kmurray@dailygazette.net**

**THE
 GAZETTE**

2345 Maxon Rd., Ext. P.O. Box 1090 Sch'dy, NY 12301-1090
 www.dailygazette.com

S O U T H E R N
SARATOGA
 M A G A Z I N E

**THE
 GAZETTE**

The Daily Gazette
 The Sunday Gazette
 2345 Maxon Road Ext.
 Schenectady, NY 12302
 518-374-4141
 www.dailygazette.com

Dan Beck General Manager
 Bohdan "Bo" Berezansky..... Advertising Director
 Denise Danz, Kelly Murray Advertising Representatives
 Diana Foti Layout and Design



The Chamber of Southern Saratoga
 15 Park Avenue, Suite 7
 Clifton Park, NY 12065
 www.southern-saratoga.org

Peter P. Bardunias President and CEO
 Loretta Rigney Director of Marketing and Communications
 Liz Roggenbuck Member Services Manager
 Mary Anne Murphy Health Insurance Administrator
 Davra San Angelo Director of Finance and Administration
 Nigar Hale Director of Membership Development

Editorial and Photo Contributors

Pete Bardunias, President/CEO
 The Chamber of Southern Saratoga County
 Contributing Writer

Stacey Morris Contributing Writer	Ellen Mottola Ballston Spa Business & Professional Assoc. Contributing Writer
Monica G. Finch Contributing Writer	Peter R. Barber Gazette Photographer
Nigar Hale Contributing Writer	Marc Schultz Gazette Photographer
Lisa Zibella Contributing Writer	

The Southern Saratoga Magazine has been produced in partnership with the Chamber of Southern Saratoga and The Gazette Newspapers. The contents of this magazine are copyright 2012 by The Gazette Newspapers. Any reproduction of the contents of this magazine are strictly prohibited without permission.

TABLE WORKS
continued from page 5

ings and exposed hand-hewn beams, Bower's home is warm and welcoming, interesting and inviting. He replaced the floor, previously covered with dry, curled linoleum squares, with refinished barn wood. The kitchen features gleaming stainless steel appliances and granite countertops that are complimented by antiques and reclaimed-wood cabinetry. There is something beautiful and interesting in every nook and built-in.

Their style

Bower and his wife describe their style as "eclectic" – "keeping characteristics of the old and new," they explained. Irreplaceable family heirlooms and antiques abide harmoniously with a flat-screen TV and 21st-century technology. An antique treadle sewing machine's cast iron base compliments its three-inch thick, round, cherry wood table top. A black and white digital clock shares a restored mantel piece with a nearly century-old tambour clock. A loft in the living area



Photo by Marc Schultz, Gazette Photographer

showcases groupings of antiques and retro collectibles. In the dining area, Bower points to a recently completed vintage shop workbench that he transformed into a buffet unit, which can also be used as a mobile island.

"I repurpose the past by creating unique pieces from vintage materials and giving them new life and enjoyment. Some would call my work art; others say it is a way of going green. I just truly enjoy taking something old, such as barn wood, workbenches, moldings, metal bracing, etc. and putting them together with new materials and seeing the result," said Bower. (from his Web site).

The barn's ground floor is now Bower's workshop and storage area. He had to jackhammer dozens of cow stanchions out of the floor when he began the transformation. Today there are many projects in the works among a cache of materials for future ones.

He's discovered that, "You have to do what makes you happy." Although when he completes a project and watches it go to the new owner, sometimes it feels like a child leaving home. But Bower quickly returns to his shop, where he begins a new project, and enjoys the "high" he gets from creating beauty and utility from the flotsam and jetsam of life.



Photo by Marc Schultz, Gazette Photographer

URSULA
of SWITZERLAND®

Company Store

Tues., Wed., Fri. 10 am - 5 pm;
Thurs. 10 am - 7 pm;
Sat. 10 am - 4 pm

518.328.0497

31 Mohawk Ave.,
Waterford, NY 12188

URSULA
OF SWITZERLAND®

An enduring icon of haute couture
stays afloat despite floods, economy,
changing hemlines.

By MONICA G. FINCH
Contributing Writer

For as long as many Capital Region women can remember, Ursula of Switzerland has been synonymous with sophistication, European flair, elegance, and classic taste. And among a great many of them, Ursula created the wedding gown of their dreams. Although long gone from downtown Schenectady, Ursula of Switzerland continues to thrive even during times of economic and meteorological vagaries.

In the 1960s, a young Swiss woman was working on her dream. Ursula Garreau-Rickenbacher, CEO of Ursula of Switzerland, was attending professional school and serving an apprenticeship in fashion design. She explained that in order to create designs, "Students had to learn how to make patterns, how a dress is put together." For the past several years, Ursula has taken a number of summer interns under her wing. "We have a two- or three-month program. The students are 18 to 20 years old and very mature. I am very pleased with them."

Her start in NYC

Ursula came to New York City in 1961 to pursue her dream. At first, she worked in an office and saved her money. She invested her modest savings in wool fabric and created her first hat, which sold for \$5. It was such a hit that she bought more fabric and made more hats. At one point, she was creating hats for Henri Bendel and Saks Fifth Avenue among others. It wasn't long before Ursula's creations caught on in tony but finicky Manhattan fashion circles.

By 1968, Ursula and her husband moved from gritty Manhattan to Schenectady where she opened her first retail boutique and her husband began teaching at Niskayuna High School. Her signature design

then was the tunic pants suit, which were made in her home along with "five or six little ladies who helped me."

Her unique flair, easy care/easy wear styles, and reasonable prices soon demanded more space. Ursula opened retail shops in Schenectady, Albany, Troy, and Saratoga. Her dream came true beyond her wildest expectations and continues to grow to this day.

In 1972, Ursula bought a former ribbon factory building at 31 Mohawk Ave. in Waterford. Built in 1894, the site is at the roiling confluence of the Mohawk and Hudson rivers. Now she mostly caters to retail customers, but anyone is welcome to visit her shop in Waterford.

Battered by last fall's tropical storms and flooding, the business recently returned to full swing in early spring after closing for repairs. The upper floors contain the design studios and the basement, which was flooded more than four feet of water, houses the wholesale shipping department.

Made in America collections

Ursula's Made in America collections with such names as New City Suit, New Metropolitan, Classic, and Timeless, are offered to retailers throughout the USA, Canada, and Puerto Rico. They are noted "internationally for consistency in fit, quality, style, and value" along with distinctive elegance and flair. "People are becoming more aware of American-made goods, so far we have been able to do this," she said.

Multi-award winner

Ursula of Switzerland is a multi-time award winner of the presti-

continued on page 10



HOW WELL DO YOU KNOW US ?



11 locations



urgent care and emergency
department visits a year

We've grown and changed a lot in recent years.

**Plus, in 2012 we're adding a new
24-hour emergent care facility in Malta.**

Now, more than ever, when you need quality
healthcare, we're prepared to help.



SARATOGA HOSPITAL

saratogahospital.org



gious industry award, the Distinguished Excellence in the Bridal Industry award (DEBI Award), which has national cachet. When asked how many times she received the award, she demurely said she doesn't remember.

One of her long-time business techniques is her trunk shows. A retailer will advertise that it is going to host a trunk show featuring the Ursula of Switzerland line. "It is a good get-together. Retailers are good at reading what their customers want," said Ursula, so they buy according to their customers' taste, size, and design preferences.

"Real women. real dresses. real fit"

In 1994, her focus changed to mother-of-the-bride styles for women of all sizes. Her collection is available in more than 5,000 bridal stores, including Mexico, Canada, England and Australia.

"My customers used to be in Schenectady," Ursula reminisced. "They first came for their prom gowns; now they come for their mother-of-the-bride dresses!" Her customers are, indeed, generational. "My customers know how to grow old gracefully," she commented.

Ursula of Switzerland has been in business for 40 years. While other prominent retailers have long disappeared from the scene, Ursula is still dressing women of all ages. Her secret? "You have to have guts and wonderful people working for you," she said. "Some employees have been with me for many years – some have retired. The newest ones joined me 10 years ago. Some of them began in high school," she recalled.

She modestly gives her staff great credit for her success: "You need these people to grow; if not, you are a lost soul. You cannot do it all alone. You have to have people who believe in you."

Succulents *for low-maintenance*

Now is the time of year to focus on outdoor landscaping projects. While many people gravitate to the flashy and colorful annuals on display at nurseries and home centers, you may want to consider adding some succulents to your home landscape.

Succulent plants can be a boon to a homeowner without the time or resources to maintain plants. Succulents get their name from their primary function, which is drawing up and storing water. Succulents are able to thrive in arid conditions, and there are more than 300 different types, including some exotic species.

Because they store water in their stems, roots and leaves, this reduces the number of times an owner must water them. Succulents can go several days between waterings. Succulents, like cacti, that have few if any leaves, are perhaps best at managing water because they lose little to evaporation through the foliage.

Succulents are particularly good to have in areas prone to arid temperatures or where water restrictions are often in place. They can be environmentally friendly because of their ability to conserve water. Succulents treat water as a precious resource, and their entire makeup is designed to minimize consumption of water.

Because they thrive in sunlight, succulents can be the ideal plants to put in extremely sunny and hot locations. They will not wither and dry out due to extreme heat. For particularly dry areas of landscape or where soil is subpar, consider the placement of different varieties of succulents to create a varied and eye-catching display.

There are many other advantages to planting succulents; some of which include:

- Succulents offer contrasts in shape, texture and colors. With the many varieties, you're bound to find something interesting and different to add to the landscape.
- Whether you have ample acreage in the yard or simply some containers available for planting, succulents will thrive. They grow just as well in containers as they do in the ground.
- Succulents don't tend to require pruning or cutting back of the plant. With this in mind, you can expect them to grow large. Therefore, space the plants adequately to allow for growth.
- Succulents are perennials. So once you plant them, they should last for years and years without the hassle and expense you can expect from planting annuals every year.

When considering a spot for your succulents, choose areas that get plenty of sun. Think about pruning back or removing trees that would create too much shade on the succulents. Space the succulents widely apart – more so than you would with other plants – to allow them to spread. Pebbles or gravel make good mulching material around succulents so that drainage will be adequate. It will also set the succulents apart from other plants by contextualizing them in your garden.

Visit a gardening center or home improvement store to learn more about the myriad types of succulents that can add beauty to most gardens.



Succulents, like jade, are ideal for arid conditions or for gardens where low-maintenance plants are desired.

*When You Think Of Mother's Day...
Think Kulak's*



- Unique Selection Of Gifts
- All Types of Plants
- Flowering Shrubs
- Cut Flowers
- Hanging Flower Baskets
- Herbs • Annuals
- Pond Products • Soils
- Mulches
- Decorative Stone and Much More!

**Let Kulak's Help
You With Your
Landscape
Project For Mom!**


Endless Summer
COLLECTION

The Official Plants of Mother's Day!


Kulak's
NURSERY & LANDSCAPING

1615 ROUTE 146, REXFORD • 399-2404
Open Mon.-Sat.: 9-6 • Sun.: 10-4 • www.kulaksnursery.com

LOCAL MUSIC BEAT!

Rusty Old Guys

By NIGAR HALE
Contributing Writer

Simply put, in their own words, "We are two guys, playing guitar, singing with harmonies. Sounding like a full band, we can be an acoustic blend for low volumes and small clubs. We can play from parties in your living room, on your back deck, or shows in bars." Their music specialty is the 70's and 80's and includes Eagles, Eric Clapton, Mellankamp and Bob Seger – any music that appeals to the Baby Boomers that would like to hear the "B" side.

E.J. Hopeck plays Guitar, Vocals, Harmonica, and working as a Programmer and an Agent he has been a resident of Ballston Lake since 1978. Unable to relinquish his roots as a former band



The Pearce Family's
LAKESIDE
farm Country Store
& Restaurant

- Fresh Produce
- Home Baked Pies

Gift Certificates Available

The Garden Center IS OPEN

Hanging & Potted Plants
Rose Bushes
Annuals & Perennials

Breakfast 7:30 - 12 Noon
Lunch: 11 am - 4:30 pm

336 Schaubert Rd., Ballston Lake • 399-8359 • Open 7 Days 7:30 am - 6:00 pm
www.lakesidefarmscidermill.com

Chic & Shabby
A UNIQUE BLEND OF
NEW & OLD GIFTS
CONSIGNMENTS
& ESTATE ITEMS

60 A Blue Barns Road
Rexford, N.Y 12148
518-372-2190

A photograph showing the interior of a store. There is a wooden chair with a patterned seat, a table with a white tablecloth, and a mannequin wearing a patterned suit. The background has a purple and white paisley pattern.

member, he enjoys his role in Rusty Old Guys, just as much as his listeners. Joe Mazz currently performs with Slow Burn, Rusty Old Guys and as a soloist. His specialty is vocals and lead guitar and is well known in music circles.

It is most certainly a good idea to see them for yourself, especially as a like minded baby boomer. The sound of the Rusty Old Guys will be equally attractive for the teenage or college bound children of baby boomers. June marks thirty years playing collectively, and you can see the Rusty Old Guys at The Mill, in Round Lake. For more information or to hear a demo – check out their Facebook page.

EJ and Joe have been playing together for over seven years. The ROG have played in popular bars and taverns in Cohoes, Round Lake, Ballston Lake and Saratoga Springs. They particularly enjoy performing at benefits including the Shell-Strong Foundation and at the annual Breast Cancer Benefit held at the American Legion in Stillwater – the first Saturday in October.



There is a distinct advantage to being a two-man band as the music set-up is small and ideal for private parties - Graduation, Birthdays on the deck or living room. From the acoustic medley to old-school rocking out, there is something for everyone to enjoy.

Accents
AT ALLERDICE

Accessories for Home & Garden

AT THE CORNER OF
DIVISION & WALWORTH
SARATOGA SPRINGS
(518) 584-5533



Reserve Now for Mother's Day

Food critics voted Lake Ridge "Best Food" ★★★★★
Book Your Party or Rehearsal Dinner Today

Exit 11 • 35 Burlington Avenue • Round Lake
(518) 899-6000 • www.Lake-Ridge.com
Tuesday-Saturday • Lunch 11:30 - 2:30 • Dinner 4:30 - 8:45
Sunday 3 - 8 Dinner Only • Closed Mondays



Breakfast & Lunch
Weekdays 6 a.m. – 3 p.m. Weekends 7 a.m. – 3 p.m.
Call Today! 518-664-CROW (2769)

The Ugly Rooster Café, nestled in the heart of Mechanicville at 159 North Main Street is a culmination of Chef Owner Ariel Pagan’s dream to share his love for cooking and family.

The Ugly Rooster’s Breakfast “Eggstravaganza” includes unique entrees like the southern style breakfast sandwich that includes a fried egg, cheddar, bacon, fried green tomato, buttermilk biscuit and country gravy; **The Foghorn Leghorn burrito** featuring scrambled eggs, shaved steak, American cheese, sautéed onions and peppers accompanied by salsa, sour cream and home fries; or try **Nick’s Famous French Toast** dipped in vanilla, nutmeg batter and layered with a choice of blueberries, strawberries, cinnamon apples or fresh sliced banana & pastry cream.

Chef Ariel Pagan’s Lunch Munch menu includes chili, deli sandwiches and “Moos or Clucks” that features the **Mechanicville Special** – a thick burger or grilled breast of chicken with avocado, bacon, tomato and ranch dressing; and **Stillwater Runs Deep** – a burger or grilled chicken breast that includes mushrooms in marsala sauce served with a dollop of sour cream.

William Hohenstein, Certified Executive Chef, joined Chef Ariel Pagan as a business partner in January 2012 to launch their catering business, “Rooster on the Run,” which caters everything from a casual breakfast to weddings. **BAKED** by Ariel is the pastry side of the business specializing in specialty cakes for all occasions.

Chef Ariel is pleased to share his recipe for Guiltless Eggplant, a unique and healthier interpretation of eggplant parmesan.



Guiltless Eggplant

- 1 medium eggplant (peeled and cut in ½ inch thick circles)
- 1 teaspoon oregano
- 1 teaspoon minced fresh basil
- Salt and pepper to taste
- Granulated garlic
- Non-stick garlic flavored cooking spray
- Tomato mixture
- 2 diced tomatoes
- 1 teaspoon minced garlic
- 1 tablespoon minced red onion
- 1 tablespoon olive oil
- Salt & Pepper to taste
- 1 teaspoon red wine vinegar
- 1 tablespoon fresh basil
- Balsamic Vinegar Glaze

Lay eggplant out on a tray and spray with cooking spray. Top with seasonings and grill. Mix tomato mixture and heat over low flame. Layer alternating eggplant and tomato mixture in a stack. Sprinkle fresh parmesan cheese to taste. Drizzle with balsamic vinegar glaze. Serves 2.

They aren't your father's summer camps anymore!

By MONICA G. FINCH
Contributing Writer



Remember summer camp as a kid? Bug juice (eeww). Putting a frog in the counselor's bunk. Short-sheeting a cabin mate? Exercises at dawn on the still-dewy (frosty?) grass? Well, those days are history. Summer camps have become increasingly sophisticated, specialized, and even fun while being sneakily educational.

For example, the town of Clifton Park Recreation Department offers a wide menu of summer camps that'll appeal to many kids' interests and talents. Among the theme-specific camps are robotics, theater, art, and film-making, along with the more traditional sports-centered programs.

There are literally camps for all ages – from pre-school to adults –

and a number of co-generational camps such as archery.

Myla E. Kramer, whose background is in social work and developmentally challenged adults, has served as the town's Recreation Department director since 2005. She explained how these extraordinary camp programs are created. "We do a lot of community outreach and receive suggestions from residents and individuals who have experience running different programs," she said. For example, a person teaching robotics or Zumba elsewhere will offer to bring it to the town's summer program.

"Our program has a great reputation," Kramer said. "We do a great job marketing and people come to us with their ideas and suggestions."



Audi Truth in Engineering 

Audi quattro[®]
The world's top selling
luxury all-wheel drive system.*

**Based on 2010 worldwide all-wheel drive sales.*

The 2012 Audi A7.

LANGAN AUDI EAST
518-783-5003

723 New Loudon Road, Latham, NY
LanganAudiEast.com

The number of programs has doubled since I've been here." Some of the programs change or are offered every other year; but the most successful ones are offered annually. And if there is an overflow of registrations for an especially popular program, another session will be created so no one is left out. "We don't want to have a wait list," she said.

The most important aspects of all the programs are: 1 - Safety and 2 - Fun. Kramer said, "We want the kids to try new things, make new friends, and have great summer memories." If they go home dirty and tired, the parents know their kids had fun, she laughed.

Expanding inclusiveness

In the past, kids with allergies, or diabetes, or behavioral "issues" were often marginalized from such mainstream activities. However, in the past few years, there has been a tremendous effort to accommodate every child so they, too, can share the same experiences.

Clifton Park offers a two-week long full-day camp for kids anywhere on the autism spectrum. The program features additional support staff, including personnel with special-needs backgrounds and specific training for kids on the spectrum.

The camp features the same activities and events as the others, including athletics, obstacle courses, craft projects, water activities, and most importantly, opportunities to make friends and interact socially.

Epi-pen program

In addition, the department's Epi-pen program allows kids with allergies and other sensitivities to participate without fear of having an allergic reaction. Trained by the Red Cross and certified by the state Department of Health, staffers are on site to make it possible for kids with allergies to have fun and not worry about allergic reactions.

The programs themselves

- "Make a Splash: Go Wet and Wild with Kidzart" – The program offers kids an outlet for their creative juices. It features themes that appeal to kids and activities that get them excited about creating their own artwork and expressing their own ideas.
- "Lego Robotics" This is a new program for kids ages 6 and 7 that introduces them to simple robotics. By using LEGO® WeDo, participants can build and program such fantastic creatures as dancing birds; smart spinner; drumming monkey; hungry alligator; roaring lion; flapping bird and soccer players.
- "Theatre Camp" Is in its second year, this extremely popular program teaches kids not just about acting and singing. They also learn about set design, make-up, and creating costumes. After last year's big hit, "Beauty and the Beast," the kids will tread the boards for "Annie Jr."
- "Stop Motion Animated Movie Making: Make a Lego Brick Film" is a new program for ages 8 to 14. A Brick film is an animated film that uses LEGO® characters and pieces to tell a story. Participants direct their own movies and learn how to use digital cameras and video-editing software. Kids also learn about sound effects, narration, and other film-making elements.

Cartwheels – A summer experience with lifelong lessons

Also in Clifton Park is Cartwheels Gymnastics Center, which offers a daily summer camp starting the first week of July. Dana Marion, co-owner and head coach, said "Gymnastics is a unique sport because it allows kids to do different things within one sport."

Cartwheels opened its doors just this past February and the registrations just keep tumbling in. The center offers progressive gymnastic programs for all ages (9 months to age 18) and levels, including: "Par-



ent and Child, Preschool, Boys and Girls Recreational, Tumbling, Competitive, Birthday Parties and special Open Gym occasions.” This will be the first summer camp program for the center.

Marion emphasized that the center is “committed to enhance the learning, personal growth, and self-confidence of every child who walks through our doors. These core values are taught through the basic principles of gymnastics and movement.”

The summer camp will include a giant foam pit into which kids can launch themselves from a trampoline. There will also be sessions for cheerleaders to prepare their moves for tryouts in the fall. And the boys are not forgotten: they can experience a high-energy program that includes tumbling, parallel bars, and rings.

Another advantage to the center is that all activities take place indoors so weather is never a factor.

Marion emphasized the value of kids developing their self-confidence each time they master a move or event. “Self-confidence is something they can learn here and use for the rest of their lives.”



Fast, Convenient, Walk-In Care for Over 20 Years

At Clifton Park Urgent Care, we know that your health doesn't take nights and weekends off.

For the past 20 years, we have provided expert and caring treatment for minor illnesses and injuries at times that are convenient to you.

With on-site x-ray and laboratory services available, we can diagnose you quickly so you can start feeling better. Appointments aren't necessary and patients are seen by our doctors on a walk-in basis with shorter waiting times than an emergency room.

Treatment for:

- Cough, cold, fever
- Broken bones
- Sprains
- Allergies
- Asthma
- Ear & Eye Infections
- Cuts & Scratches
- Sore Throats

Most insurance is accepted.

OPEN 7 DAYS A WEEK

Mon. - Fri.: 7 a.m. - 8 p.m.
Weekends: 8 a.m. - 8 p.m.



1 Tallow Wood Drive
Clifton Park, NY 12065
(518) 373-4444
www.setonhealth.org

Conveniently Located Off Route 146 with Expanded Parking

We Are



ST PETER'S HEALTH
PARTNERS

learn more
at sphp.com

Antipasto's Restaurant

Guest Experience

Antipasto's Vegetarian Friendly Bistro Wine & Beer Bar is a unique Clifton Park gem located in the Price Chopper plaza on the corner of Route 146 and Route 146A



By NIGAR HALE
Contributing Writer

On a weekday evening, I and my better half enjoyed a wonderful evening at Antipasto's. We have frequented this vegetarian & vegan friendly bistro for over 15 years. We were thrilled to have Brian, our familiar server, working this evening. He is one of the many layers contributing to how one might describe the personality of this restaurant.

Antipasto's features over 50 wines by the glass and 40 gourmet beers & ales. It is extraordinary to view the wines creating a stir on the international market including wines of Lebanon, Argentina, Spain, Italy and Chili. Wine sample selections are offered in 3 ounces glasses versus larger 6 ounce servings. "Mark" is always happy to share his daily "secret" wine selection. It may cost a bit more than your average glass, but to date, he has never failed to amaze.

The menu includes a special offered on Sundays, Mondays and Tuesdays (dine-in only) - pasta marinara with a choice of 1 meatball, 1 veggie meatball or 1 veggie sausage with a glass of house red or white or 12 ounce domestic beer for \$15.95. Every meal is accompanied by a generous helping of warm bread with the house olive oil and spice dip.

Among the most popular and delicious entrees on the menu is The Thomas Jefferson – a delicate stack of marinated eggplant & roasted red pepper, topped with mozzarella and marinara sauce surrounded by onions, squash, broccoli, carrots, chick peas and a special Chef treatment of Italian olives. A tantalizing mélange of flavors married seamlessly with the sauce and the accompaniments, are always memorable.



1028 Route 146
Clifton Park, NY
(518) 383-1209



With all the delectable choices on the regular menu, you may be hard pressed to give more than a glance to the specials, but should your eyes or appetite stray, you will be equally satisfied. Having enjoyed so many of their wonderful mainstays, I opted for a red wine and wild mushroom ravioli topped with braised Portobello mushrooms, sautéed spinach, pine nuts and a white wine, oil and garlic sauce. The entrée special was divine. I encountered a pine nut explosion in every bite and the sautéed spinach was the best I had ever tasted. Never underestimate the power of this chef's specials menu.

The significant other ordered the Vegetarian Lasagna special. To satisfy his carnal desire, the dish was supplanted with a single non-vegetarian meatball. With that said, the rich and complex flavor profile of the Lasagna, accompanied by cheese ravioli pasta, it rendered the meatball into something of an outcast. The combination included a selection of veggies, pasta and perfectly seasoned red sauce that awakened the senses. To those fellow omnivores thinking of adding a meat component, there is no need, but if you insist, no loss.

Antipasto's provides a personalized touch and taste appealing to both the steadfast vegan and equally steadfast meat hound. Our children, now reaching college age, have begged us for Antipastos since they were in grade school. When the kids were small, we were able to order "half size" portions for a somewhat lower price. Whatever your mix of friends, family or friendly strangers, Antipastos will bring you back again and again. Until now, it has been our own best kept secret.

Hours:

Sunday & Monday
4:30 pm - 8:30 pm

Tuesday
4:30 pm – 9:00 pm

Wednesday - Saturday
4:30 pm – 10:00 pm

Sunsational Skin

By LISA ZIBELLA

Bella Rouge Cosmetic & Skincare Boutique

Who doesn't feel better with a little color? The age old question is how are you going to get that glow, make it last and keep yourself and your skin healthy and radiant?

Have you ever noticed that as soon as October rolls around, how those fine lines, especially around the eyes pop up? How about when the month of April arrives and all of a sudden you wake up, look in the mirror and you notice that your skin is not only pale but dull too?

For the vast majority of us, it is helpful to alter your skincare & make up program with every season.

While it is important to keep in mind the individual needs of your skin, a seasonal skin program can look something like this:

Fall:

Exfoliate, hydrate and choose a new foundation color for Fall/Winter.

Winter:

Treat (peels, special serums), hydrate, moisturize and protect.

Spring:

Time for renewal, Peel away that winter skin, use masks & Hydrate

And now for **Summer:**

Lighten up, Show off that renewed skin & protect it from the suns damaging rays.

With our focus on the fun and sun, this is the perfect time for us to discuss summer skincare and make up fundamentals.

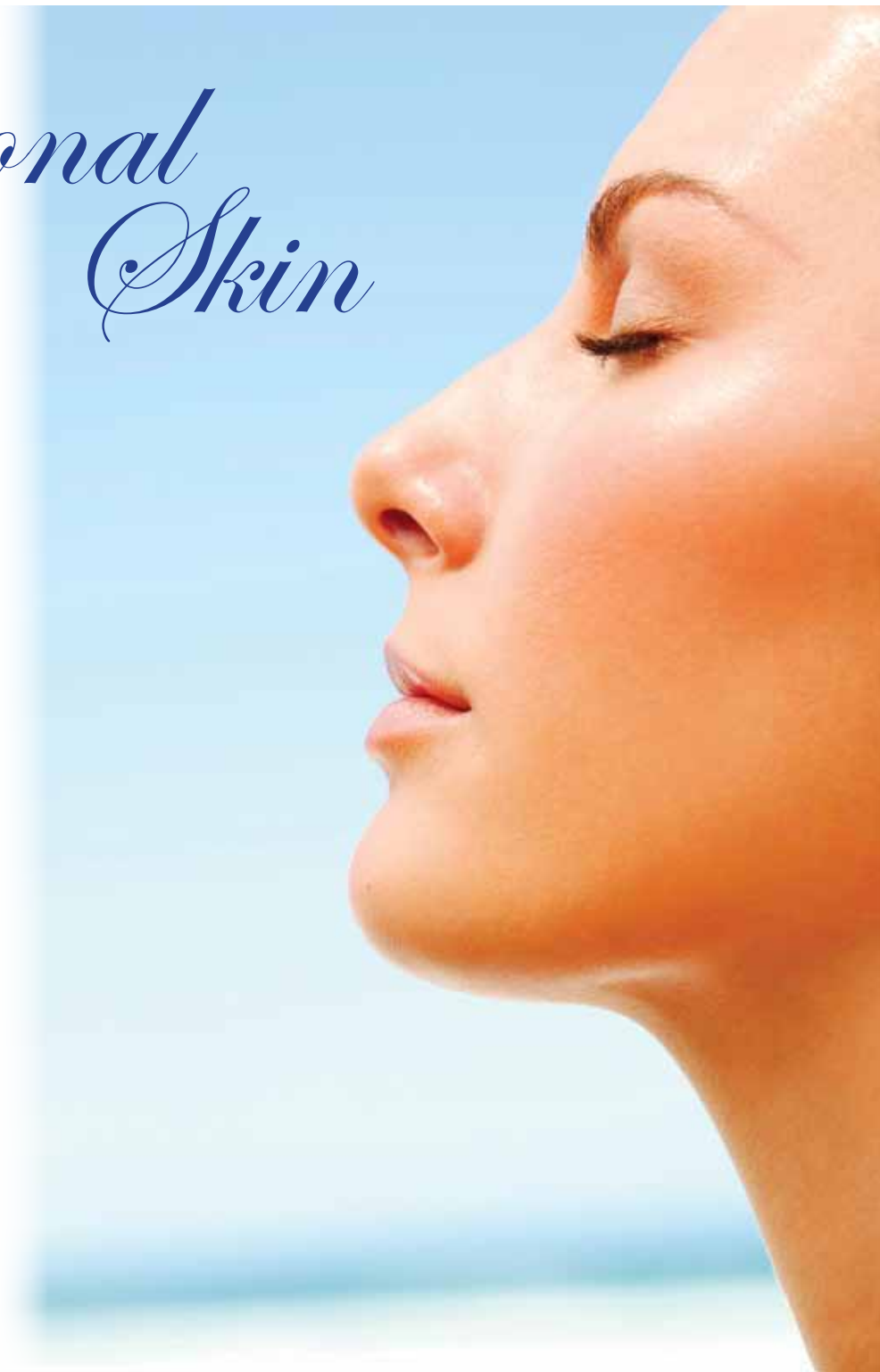
- Along with cleaning your closet in preparation for spring and summer, try working on your cosmetic bag as well.
- Put away those heavy creams and foundations until fall. Most cosmetics if stored properly have a shelf life of about 2 years after being opened.
- Bring your make-up bag in to your favorite cosmetic store or make up counter and ask your trusted Beauty professional to help you take inventory, eliminate, add and create focus for an easier daily application.

For summer, you may want to switch from that creamy cleanser you were using in the winter to a lightweight foam or gel, switch from a day "cream" with a spf 15 to a Day "Lotion" (oil free) and look for something with a spf of 15 or above. Either way this is the perfect time of year to visit with your Beauty professional to help you make those wise beauty decisions.

As for Foundation make-up, become your own foundation mixologist. As your skin gets color, start to blend your fall and summer foundations. The darker you get, the more summer color you will use until you wean yourself away from your winter color all together.

When it comes to protecting your skin from the sun, don't let an SPF number give you a false sense of security. No matter what the SPF, if you are in the sun for prolonged periods of time, always reapply throughout the course of the day. Don't let cloudy days fool you, UV rays are still out and just as dangerous as on sunny days.

A convenient option for those who don't like the feel of a cream spf would be a Mineral powder with a bit of Mineral color partnered with an SPF of 30 or above. This is a convenient option since this mineral product can double as your foundation. Mineral powder sunscreen makes for easy travel and if packaged in a canister with a brush, easy to apply! Not happy without a little color? Try a Spray Tan, cream self tanner or easy to use towelette. Shop around and choose wisely, a new generation of self tanners are easy to use, smell much better than self tanners of past, and produce a much more natural looking color. Moral of the story for summer skin... Alter your program, keep it simple and keep your skin protected. Wishing you beauty and joy this summer season!





CLIFTON PARK CENTER MALL

Make US Yours!



Come Visit Our Many Unique Boutique Shops

HAIR & BODY ESSENTIALS
Salon & Day Spa
SINCE 1976

Your Friendly Day Spa

- Men's and Women's Hair Care
- European Facials
- Massage Therapy
- Private Waxing Rooms
- Pedicure Whirlpool Room
- Coloring
- Full Service Nail Area
- Body Treatments
- Scrubs • Mud Wraps
- Hair Extensions
- Cosmedix Chemical Peels
- Eyebrow and Eyelash Tinting
- Shellac Gel Manicures

Bb.
Bumble and bumble

BARE ESSENTIALS
makeup so pure you can sleep in it

AVEDA

383-5000
www.hairnbodyessentials.com

New York

toy & hobby

Clifton Park Center

- Lego • Bruder • Melissa & Doug • Breyer

371-8820 newyorktoyandhobby.com

Karalina's CHAMILIA

Brighton.

Alex and Ani (+) ENERGY

Apparel Jewelry Gifts
karalinas.com

Bella Rouge
COSMETIC & SKINCARE BOUTIQUE

*"We know You, We know Skincare,
We know Make-up, We know Beauty,
Hand Selected Products,
Custom Beauty Solutions"*

~ Join our Free Beauty Rewards Program ~

www.bellarouge.net
(518) 373-9500

facebook twitter

MARIO BADESCU
CAUDALIE
DIARISON
L'Oréal Minerals
POUR HOMME
beutec

Complete Pair of Eyeglasses
Starting at **\$139***

Fashionable Frames • Polycarbonate Lenses

Clifton Park Center, Clifton Park
518-371-1881

f Like us on Facebook at
facebook.com/Sterling169

A Century of Excellence

Sterling OPTICAL
See More. Save More.

Most insurances accepted.
Visit STERLING169.COM

*With purchase of frame and lenses.
Other restrictions may apply.
See store for details. Limited time offer.

Sloppy Kisses
A Treat Boutique for Dogs

Got Birthday? We Do!!

- Birthday Boy/Girl T-Shirts & Bandanas
- Pupcakes • Party Hats
- PERSONALIZED Birthday Cakes

THE BEST DOGGONE STORE IN TOWN

425 Broadway • Saratoga • 587-2207
Clifton Park Center • 383-0103
www.sloppykissesofsaratoga.com

Mother's Day Sale

20-50% off Selected Watches

Time Square

WATCHES • CLOCKS • GIFTS • ENGRAVING

Located at Center Court - Inside - Clifton Park Center Mall - 371-1300

Come for the Shopping...Stay for the Experience!

SUNSET CAFE
SUPERB SOUTHWESTERN CUISINE
 Gift Certificates
885-8550
 42 Front St., Ballston Spa
www.sunsetcafe.org

Daisy Dry Goods
Antiques, Vintage & Gifts
28 Front St., Ballston Spa
518-885-2782
 SOMETHING FOR EVERY HOME
*Cards, Lavender, Fiestaware,
 Country, Victorian, Shabby Chic & Retro*

For the Best in Antiques...
Two Incredible Shops Under One Roof
RosieBloom Again | **The Ballston Spa**
Bloomer's Parlor | **Antique Center**
 Browse our new showroom packed with quality antiques, vintage clothing, boutique, victorian furniture, antique collection and much, much more!
(518) 885-8344
 Visit us at our new location!
OPEN 7 DAYS 10 AM-5 PM

Shop two floors of antiques featuring four showrooms full of country & victorian furniture, jewelry, accessories, depression glass and the area's best selection of brass cash registers!
(518) 885-6746
www.ballstonspaantiquecenter.com

NATIONAL BOTTLE MUSEUM
OPEN YEAR ROUND
 The history of 18th & 19th century bottles made with hand tools and lung power
EXHIBITS / VIDEOS / LIBRARY
 76 Milton Ave., Ballston Spa, NY 12020
Information: (518) 885-7589
www.nationalbottlemuseum.org
MUSEUM GLASSWORKS
 A Teaching Facility of the
NATIONAL BOTTLE MUSEUM®
Lampworking Classes Scheduled Year Round

lagniappe
 jewelry studio
 (lan-yap') n.
 a 'little something extra'
 not expected or demanded
*Unique Jewelry Handcrafted
 by the Capital District's only
 Award Winning Master Jeweler*
 53 Milton Ave.
 Ballston Spa
(518) 309-3325

www.lagniappejewelers.com



Moving Forward--A Year of New Arrivals and Positive Changes in Ballston Spa

For the past decade, the charming Saratoga County Village of Ballston Spa has been enjoying a downtown resurgence, with its unique shops, bustling eateries and artisan studios. "B. Spa, B. There" has become the catch phrase, with B. Spa euro stickers popping up on cars all over the Capital Region. As word has spread, new businesses have been flocking to become part of the scene and current businesses are finding the need to expand to meet their customers' needs. In the past year alone, twenty four businesses have either started up or relocated to larger spaces in town. Other long standing businesses have undergone renovations and visual facelifts. The original "Spa" has become vogue once again.

The new enterprises in town are certainly diverse. There are restaurants ranging from the Mexican-themed Loca Luna Grille to the Italian family style of Three Olives to BBQ to a new breakfast eatery, scheduled to open in April, that specializes in gour-

SACRED JOURNEY
 c e r a m i c s
 Jim Best
sacredjourney@nycpar.rr.com
 20 Washington Street, Ballston Spa
SacredJourneyCeramics.com

TWO IF BY SEA
GALLERY
Lighting and Design
 91 Milton Ave. Ballston Spa, NY
 (518) 496-4650

Corina
 contemporary jewelry
 &
 fine crafts
518-885-0930
 89 Milton Avenue, Ballston Spa
www.corinajewelry.com

Strolling • Village • Artisans
 Fresh Art from Local Artists
 shop • gallery • workshop
 20 Washington Street, Ballston Spa, NY 12020
518-885-5855
www.StrollingVillageArtisans.com

"Business Technology Solutions"
COLDEN COMPANY
 357 Milton Ave
 Ballston Spa, NY 12020
 (888) 600-4560
www.coldencompany.com

True Elegance Boutique
Clothing & Accessories & Gifts
 LAYAWAY & GIFT CERTIFICATES
 124 MILTON AVE (RT. 50), BALLSTON SPA
 Across from C'est La Vie
518-229-0097
www.trueeleganceboutique.com

CELEBRATING OUR 1ST ANNIVERSARY
THE VILLAGE BARBER
 Military Cuts
 Flat Tops
 Boys Cuts
 and Logos
WALK-INS WELCOME ANYTIME
 Master Barber Bucky Elliott
 39-1/2 Front St. • Ballston Spa
 (518) 669-5274

Doing Business

met waffles. There is an upscale lingerie shop, a doll shop and tearoom, Abigail's Tea and Tiaras, that has become a popular destination for the "American Girl" set, and a place where one can buy hand-dipped chocolates, homemade whoopie pies and edible fruit arrangements all under one roof. There is a new indoor golf center, motorsports store, yoga spa and the whimsically named Sunshine Ballroom dance studio. Ballston Spa's already thriving artisan community has seen the addition of custom jeweler Lagniappe as well as a unique lighting designer, Two If By Sea.



in Ballston Spa

By ELLEN MOTTOLA
Contributing Writer



Also included are emerging service businesses like Crystal Cuts hair salon and the Ballston Journal Our Towne Media Center, a new downtown location for shipping, copying and other business services..

The attraction to doing business in Ballston Spa can be attributed to several factors. The affordability of storefront leases resonates with many small business owners in these economic times. Indeed, some already established businesses have taken advantage of this by relocating to larger spaces within the village to accommodate an increase in customer demand, including Ballston Spa Boot Camp, Make Me Fabulous and True Elegance Boutique. Other popular businesses have been sprucing up inside and out. Coffee Planet has recently renovated its cozy coffee-house motif. O'Brien's Pharmacy and Village Sweet Shoppe both have brand new awnings to freshen up their storefronts. Front Street Deli expanded to include an al fresco eating area to accommodate customers on warm, sunny days.

Another appealing aspect is the awareness that successful, established businesses that have developed a following along with the continually growing arts district, attract customers who will then explore other shops in the village. The 205-year-old "strolling village" has an eminently walk-able downtown which encourages visitors to park the car and walk from place to place. The original architecture of the village has been carefully restored to maintain the historic and charming ambience and gardens and parks are cultivated, with hanging flowering baskets through the spring and summer, to complete the impression of a welcoming, well-loved community.

The positive environment for doing business in Ballston Spa is, in great part, a result of the successful working collaboration between the Village government and the Ballston Spa Business and Professional Association, a non-profit, all-volunteer, community organization which promotes the importance of a vital business district, community pride and civic service. Particularly emphasized is the importance of supporting locally-owned and operated businesses, which most, if not all, of Ballston Spa businesses are. The BSBPA sponsors many downtown events during the year, designed to draw residents and visitors alike, including a long-running free summer concert series, a highly regarded film festival and one of the best-attended outdoor car shows in the area. Ballston Spa was one of the first communities in the Capital Region to hold "First Fridays". The trendy arts/food/live music event has been taking place here every month since 2004. A farmers' market, which utilizes local small farm producers, takes place year round.

The upcoming spring and summer months will bring an influx of visitors to Saratoga County and Ballston Spa is ready to welcome them once again with its own unique mix of small town warmth and artsy, eclectic vibe. Looking for the perfect location for your business? Ballston Spa truly is a great place to live, visit and do business.

Ballston Spa Outdoor Farmers' Market
in Wiswall Park Corner Front St. & Low St.
June 14th-Sept 29th
Thursdays 3-6 & Saturdays 9 - 12
www.ballston.org

COFFEE PLANET
ESPRESSO - CAPPUCCINO
SOUPS - PASTRIES
SANDWICHES
BAGELS - DESSERTS
FREE WIRELESS INTERNET
COFFEEHOUSE AND CAFE CAFE.THECOFFEEPLANET.NET
100 MILTON AVE., BALLSTON SPA 140 GLEN ST., GLENS FALLS
(518) 884-9913 (518) 409-8305

Village Sweet Shoppe
• Hand Dipped Chocolates
• Nostalgic Candy
• Scoop Your Own
24 Low St • Ballston Spa
(518) 885-4165 phone/fax
www.villagesweetshoppe.com

Abigail's Tea & Treats
Doll Clothing Boutique & Birthday Parties
90 Front Street • Ballston Spa
518.885.6080
abigailsteaandtiaras@yahoo.com
abigailsteatiaras.com
Make Your Reservations Today
Parties Include:
Appetizers:
Ants on a log, lady bug crackers, gummy bear cookies, marshmallow bites, chocolate covered strawberries, mini muffins.
Main Courses:
Tea size pizza and chips, for dessert, ice cream sundaes!
Craft Time • Game Time • Prizes for all
Birthday Cake served in Tea Cups
Birthday Girl is crowned as the birthday princess!

CEST LA VIE
114 Milton Avenue
Ballston Spa 309-4141
Home Decor, Gifts
Accessories, Jewelry,
Clothing & more!
• Wed-Sat 11-5 • Sun. 12-5
First Fridays 11-9
MON-TUES CLOSED
www.cestlavieshop.net

Pixie's Closet
Children's Consignment
• Clean & Recall Free • Both New and Used Items
Everything from Cribs to Bibs!
885-1757
2124 Doubleday Ave., (Rt. 50) Ballston Spa
www.pixiesclosetconsignment.com

STONE SOUP ANTIQUES GALLERY
Historic Ballston Spa's Premier Antiques Marketplace
Featuring an impressive collection of authentic, quality antiques, hand-picked by more than 50 professional dealers, all beautifully displayed in our 14,000 sq. ft. restored factory building.
19 Low Street, Ballston Spa
(518) 885-5232
Open Daily 10 am - 5:30 pm

Three Olives Italian Restaurant
Featuring a traditional Italian Menu prepared by our Gourmet Chef
FULL BAR
Serving Lunch Thurs. & Fri.
Open for Dinner 7 Days
2100 Doubleday Ave. (Rt. 50)
Carousel Village, Ballston Spa
(518) 490-2093
www.threeolivesonline.com

Ballston Spa
Shop • Dine • Stroll • Explore
B. Spa. B. There.
www.ballston.org
Ballston Spa Business & Professional ASSOCIATION

Artist Spotlight

Jill Daigle Murphy



Born in Fort Kent, Maine in 1968 and raised in upstate New York most of her life, Jill Murphy is a representational artist. She paints in oil and pastel and is also a graphic artist. Jill is primarily a self taught artist who began painting when she was young. She developed her painting style through the years by reading many instructional books, being mostly influenced by Helen Van Wyk's approach to still life paintings. She later developed an interest in Graphic Art taking some classes at Russell Sage. Jill worked at the New York State Bar Association as a Graphic Artist for many years before becoming a full time artist.

"My inspirations come from taking a drive or hiking around our amazing landscapes. I find great inner peace observing our land and nature. I'm also very inspired by how light has an effect on everything, even the most subtle lighting conditions can cause emotions. Every moment in time there is something beautiful to see. We may not always be aware of it because our lives have become so busy. What I want to bring to a viewer is that moment in time where nature has shown its amazing grace and preserve that memory."

Contact info: youpaintgreat@gmail.com.



Wiawaka, history still in the making

The oldest continually run women's retreat in America is making major improvements while remaining true to its more than century long mission.

From its opening in 1903, Wiawaka was a place where women factory workers could go to escape the hard work and filth of the early 20th century textile industry in Troy, NY. "Troy was a bustling industrial city", said Christine Dixon, Charlton resident and executive director for Wiawaka. "Most of the workers were immigrant women, mostly Irish, working very hard under harsh conditions to feed their family."

Founded during the progressive era by Mary Fuller, with the help of other forward thinking women of the time, Miss Fuller wanted to improve the lives of the young women working in the factories by creating a summer camp for the 'girls'. Many holiday houses were founded during the progressive era and according to Wiawaka historians, Wiawaka is the only one remaining. It has operated continuously under its founding mission since 1903.

Today women of all walks of life patronize Wiawaka and men accompanied by women are welcome in July. Rooms are clean and comfortable with few distractions including no phones or TV's. Lake breezes keep rooms cool instead of air conditioning. "Wiawaka is an opportunity to step back in time and experience simplicity," says Dixon. If you're looking to do more, workshops and classes such as yoga, writing and felting, are provided, mostly by volunteers. Guests can do as much or as 'little' as they want. With 20 lake front acres and 1500 feet of Lake



George frontage, most people just enjoy relaxing, taking a swim or gazing at Lake George from one of many porches.

In addition to welcoming all women, Wiawaka host retreats for special groups including women veterans, cancer survivors, caregivers and survivors of domestic violence. These special retreats, and the stay of any woman unable to afford Wiawaka's modest all inclusive rates, are made possible with individual and organizational grant funds. "We believe every woman should have the opportunity to renew herself and experience Wiawaka," says Dixon.

Listed on the national register of historic places as a place where women made history and for its historical architecture, these historic buildings tell their own story.

Wakonda Lodge, built in 1905 by wealthy philanthropists Spencer and Katrina Trask, was closed in 2002 to allow for restoration and structural repairs. Originally intended as an artist's retreat, Wakonda Lodge boasts Georgia O'Keeffe as a resident artist. Thanks to a matching grant in 2006 the first phase of work to save this historic building was completed in 2009. Another \$300,000 is needed for interior renovations, electrical and plumbing upgrades and refurbishing. Plans include creating a small outdoor amphitheater for small performances and ceremonies.

The large, original hotel built on the property in 1850 burnt to the ground in 1906. But each summer, from mid June to Labor Day, women come to Wiawaka from all around the country to continue being part of its history. For more information, go to www.wiawaka.org.

ARMS FAIR & SPORTSMAN'S EXPO

CAPITAL DISTRICT GUN SHOW

MAY 19 & 20

Sportplex of Halfmoon,

700 Tables Available Clifton Park

SAT. 9AM - 5PM

SUN. 9AM - 3PM

BUY - SELL TRADE

Next Saratoga City Center Show

• Aug. 25 & 26

NEACA.COM

Interested in being an Exhibitor?

Please contact Cathy Petronis by May 13 at dpetron1@nycap.rr.com for all the information and application or Call 664-9743.

Stop at Hudson River Trading Company.

38 North Main Street, Mechanicville

For Discount Coupons For Our NEACA Shows,

Over 1200 Guns In Stock ~ See what you've been missing!

Booth Space

518-664-9743

8 Foot Tables



Ensure Your Loved One's Needs

A Caregiver's Solution



WESLEY

EVERGREEN ADULT DAY SERVICES

Socialization and Supervision

Health Monitoring | Medication Assistance | Personal Care
Balanced Meals & Snacks | Socialization | Case Coordination
Transportation | Recreational Activities | Community Outings

357 Milton Avenue | Ballston Spa, NY | 518.691.1443

www.WesleyHealth.com



Pensink

Anna Williams

Local girl making pens!



By STACEY MORRIS
Contributing Writer

Some kids have hobbies. But if you're Anna Williams, you have a hobby that passion parlays into a booming business. The 11-year-old student at Glen Cliff Elementary School is the genius behind Pens Ink, which features dozens of artisan hand-crafted pens made of everything from stone to Bethlehem olive wood. The pens are sold online and have been ordered from as far away as Australia. Recently, the 11-year-old inked a deal with three major corporations for company pens. And it all began with a chance viewing of a news segment one evening.

"My dad called me in to show me a story of a 13-year-old boy who made pens and I knew I wanted to do it, but he said no because it's dangerous," she said of the process that includes semi-heavy machinery and goggles.

Anna was 8 at the time and never let go of the desire to hand-craft pens, so she'd ask her father, Mike, every few months until he finally relented when she reached the age of 10 and he bought her a lathe machine.

"I cut the outside of the pen on the lathe machine and shape it," she explained. "I wear goggles because sometimes the shavings can spray into my eyes."

"Anna didn't want me to help her but I watched as she made her first one," Mike recalled. "It wasn't great, but you could tell she had a knack." Enough of a knack for Mike and his wife Christine to invest about \$4,000 in tools and supplies. "It added up pretty quickly, but she had to have a little bit of inventory to start with."

Anna makes varying styles of pens, from the Swarovski crystal-studded Diva Pen to slimlines to the double-ended teacher pen which writes in both black and red ink. Their substance runs from the ordinary acrylic to exotic woods such as Ancient Kauri Wood and Jack Daniels Oak. "We order the hardware and I put it together. We use no duplicators so every pen is custom-made. No pen I make is like anyone else's exactly," she explained of the process that takes place during free time in her basement. "The lighting is awesome thanks to my dad and neighbor. When I make a wooden pen I take a square block of wood which my dad cuts in half with a table saw and drill saw. He does that part because it's dangerous. Then metal tubes are put in the middle of

it. On the lathe is a spindle and you slide the pen blank in, put our mask on and chisel it down with a chisle. At a certain point I can start making the design."

Anna said that though two pens of the same style may look identical, none are ever exactly the same. It was this attention to detail that initially drew interest of family, friends, and neighbors who became her first customers. Word began to spread and she found herself with orders piling up at Christmas time. Soon, she and Mike decided it was time to make things more official, business-wise.

"I'm very proud to say that in December I became a formalized business with a tax ID and a New York State tax certificate. I had to sign all these papers...it was awesome," Anna recalled. "The website has been up for a year and customers started paying online in January. Most are local but I get some from out of state. Recently I had a customer from Australia and she keeps coming back for more. This week I received an e-mail from someone in India wanting one of my teacher pens."

Word has even spread to the corporate world and Anna recently received orders from companies based in Schenectady, Chicago, and Kentucky for company pens for their clients. The Southern Saratoga



Princess
Collection

County Chamber of Commerce invited her to their March social mixer and asked Anna to display her pens and do lathe demonstrations. And the wheels of creativity continue to turn; She recently added handcrafted wine stoppers, purse hangers, and a ball divot repair tool for golfers. "We had no idea it would turn into this," said Mike. "It started as a simple hobby and snowballed."

Anna said most pens take at least an hour and a half to make, depending on the material and design involved. "Some of the higher end pens can take up to four hours to design," she said, who added that prices range from \$32 to \$130. "I use high quality ink in the pens," she said. "Most pens on the market use standardized ink cartridges and we use premium. If a customer experiences skipping we give them another ink cartridge."

As much as she loves the creative process, Anna said it can be a challenge fitting the work into her school life as well as other interests. "I spend 8 to 10 hours a week on the pens. On a slow week it'll be a couple days a week, but in December it was absolutely chaotic. It's a challenge fitting the pen-making in with other activi-

ties," she explained. "I skate competitively and came in second at the Empire Games. I've been invited to the America Games in 2013 in Hershey, Pa."

I love my pens but surprisingly, I don't use most of my products," she laughed. "I make them, but I don't have time to use them." But the 11-year-old doesn't seem to mind - she's having too much fun making them. "I love making people happy with my pens. People love that they're original. Duplicators take all the fun out of it. I love making each one unique."

Mike sees potential for expansion but is taking it a step at a time for now, supervising his budding entrepreneurial daughter as she grows with her business. "She's already quite busy with orders and isn't at capacity yet," he said. "As word of mouth keeps getting out, there may come a point where she can't get the stuff out fast enough. Anna's a very active kid, plays trumpet, violin, and she's teaching herself piano. She's also taking dance for the artistic side of ice skating. Our relationship is interesting at times. I'm her dad but at the same time we're somewhat business partners. I'm able to have very grown up conversations with Anna about her business."

Their relationship may be solid, but it's still not a guarantee for a pen. "My favorite pen Anna makes is made of Red Mallee Burl, an Australian wood," said Mike. "I can't get her to make me one and be able to keep it...she's always fulfilling orders."



**For more information on
Anna Williams' custom pens,
visit www.pensink.com**

Weekend MBA Program



By STACEY MORRIS
Contributing Writer

There's nothing quite like up-close experience to give the element of learning an indelible impression on a student. So says Donald G. Purdy, Director of the Weekend MBA Program for the University at Albany's School of Business. The general MBA program provides elective tracks in seven disciplines: Finance, Information Technology Management, Marketing, Nanotechnology, New Venture Development, and Tax. "Most people who come to our program are already pretty specialized and they are looking for a broad base of business knowledge to power up their careers," explained Purdy. "Our Weekend MBA Program is record-setting because we have tied or set attendance records in each of the last four years."

The program features a cohort structure, student diversity, and AACSB Accreditation, and meets every other weekend from 2:00-8:30 p.m. on Fridays and 9:00 a.m.-4:30 p.m. on Saturdays. "The program enables students to learn concepts over the weekend and apply them to their jobs on Monday," he said, adding that the Weekend MBA Program even includes catered meals. But perhaps the crowning jewel of the curriculum is the program's international travel, which is included with tuition.

Purdy said the international study trips have taken place since 2006 and center around a different business theme each year. "This July we're going to India because it's an emerging star in the global economy," he said. "One of the criteria for choosing a location is that it be a hot commodity, business-wise." Locations of past trips abroad include Chile, Beijing, and Munich."

Purdy said the university has found visiting a globally relevant city to be a much more effective a learning tool than classroom lectures. "It allows students to experience international business first hand. We certainly incorporate lectures into the program but this reinforces the classroom work," he explained. "There are important cultural aspects to learning international business. Last year when we visited BMW World in Germany we also visited Dachau, the oldest concentration camp in the world. The students got to experience history, as well as witness the robotics be-

hind the manufacturing process. They also got to hear a presentation from BMW's Director of Corporate Communications...it was the full picture."

Purdy said the students are typically gone a week overseas. This year they will visit three cities in India in 10 days, starting in Chennai, followed by Delhi, and Agra, where they'll visit The Taj Mahal.

"The investment in our program for the incoming 2014 cohort is \$40,800, making us the value leader among executive-level MBA programs in New York State," said Purdy. "The Weekend MBA Program offers two separate scholarship programs to incoming and current students. Both programs are based upon academic merit and financial need. There is also an awards program which operates through regional chambers of commerce, including the Saratoga County Chamber of Commerce."

Purdy said that those interested in learning more about the program are encouraged to attend numerous information sessions scheduled throughout the year. "Most of them are held at our Clifton Park Executive Education Center and gives potential students the opportunity of hear a formal presentation on the program and interact with current and former students. To reach the center, take the Northway (I-87) to Exit 9. Head west (left) off the exit and go past the entrance to the Price Chopper Plaza on Route 146. At the next light, take a right onto Maxwell Drive. Go through one stop light and turn right at the next drive.

Purdy said to qualify for the Weekend MBA Program, candidates must have at least three years of fulltime working experience. "Many students are at the executive management level, others aspire to be," he said. "The average age is 38-40, but our age range encompasses 24 through 62." Purdy said the international study program continues to be one of the most appealing elements of the program. "Based on feedback, it's the crown jewel of our program. We're very excited to be going to far a way and important locations. It also facilitates bonding among the cohort members. And they always come away with a better understanding of how international business is conducted."

**For more information on the Weekend MBA Program, contact Donald G. Purdy, M.A.,
Director of the Weekend MBA Program for the University at Albany School of Business at (518) 442-4964,
or e-mail dpurdy@albany.edu or visit the Web site http://www.albany.edu/business/weekendMBA_index.shtml**

Local Business SPOTLIGHT

By NIGAR HALE
Contributing Writer

A Diverse array of businesses look to the Chamber of Southern Saratoga County as their destination for success. Businesses stemming from a variety of industry segments in the capital region including construction, health care, marketing, hospitality, agriculture, marinas, and fashion are represented. Moreover, their offices are headquartered in Albany, Ballston Lake, Charlton, Clifton Park, Schenectady, Waterford, and Watervliet. The following is a brief glimpse into some of the Chamber of Southern Saratoga County members, their mission and business focus.

BBL Construction Services

302 Washington Avenue Extension
Albany, New York
www.bblconstructionservices.com

BBL Construction Services is a privately held construction company with over three decades of experience as a design/build general contractor and professional construction services manager. BBL Construction Services delivers a wide variety of construction projects including office, commercial, governmental, student housing, medical and heavy construction projects. BBL Construction Services leads the BBL Family of Companies, which also includes BBL Medical Facilities, BBL Carlton, BBL Management Group, BBL Hospitality, BBL Campus Facilities and BBL Construction Management Group. The BBL Family of Companies is a ½ billion dollar per annum design/build, developer, and general contractor.

A small sample of BBL projects include Hilton Garden Inn, Albany Medical Center; SEFCU, Schenectady; Coburg Village, Clifton Park; Bone and Joint Center, Albany; Lia Nissan, Colonie, and the Ellis Medicine Enhanced Urgent Care Center in Clifton Park.

continued on page 31

The SEMBRICH

MARCELLA SEMBRICH MEMORIAL ASSOCIATION
4800 Lake Shore Dr., Bolton Landing, NY

Exploring a World of Music

- June 22 "The Red Violin" with Elizabeth Pitcairn
- July 11 "Titanic" the Broadway Musical, talk
- Aug 4 "Lizzie Borden at 8 o'clock" A new play
- Aug 12 Musicians of the Philadelphia Orchestra
- Aug 25 Concert with The Hyperion Quartet

Museum Hours: Daily 10 am - 12:30 & 2 - 5:00 pm
Information: Office 518-644-2431 Full schedule at www.thesembrich.org



The Unusual as Usual

The Furniture House is a specialty furniture store. You will find unique and unusual furnishing as well as accessories. We deal with large manufacturers like Henredon and Drexel Heritage to small specialty companies that offer custom pieces and finishes. This all helps make The Furniture House more than just a place to shop.

- LIVING ROOMS • DINING ROOMS • BEDROOMS • ACCESSORIES
- OUTDOOR FURNITURE • MATTRESSES

- Home Furnishings • Special Orders • Interior Design
- Specialty Items • In-Home Consultation • Delivery Anywhere!

The Area's Best Selection of American Made Furniture

The Furniture House

In Business Since 1980

1254 Route 9P on Saratoga Lake, Saratoga Springs, NY 12866

HOURS: Monday - Friday 10 a.m. - 8 p.m.;
Saturday: 10 a.m. - 5 p.m.; Sunday: 12 p.m. - 5 p.m.

518-587-9865

Fax: 518-587-9455

The Areas Best Selection of American Made Furniture

MAY IS

BETTER HEARING MONTH

Are you one of the ones who have untreated hearing loss?

We Participate With Many Discount Programs

Please Take This Hearing Self Evaluation

- I am told that I ask people to repeat
- I hear children but don't understand them
- I have been asked to turn the TV down
- I avoid the phone because I cannot understand
- I can't understand in a restaurant because of the noise

If you checked **ANY ONE** of these, you need a Free Hearing Evaluation* from



The Hearing Aid Office

Ask about Hands-Free Cell Phone Conversations

No Out of Pocket™ Hearing Aids for EMPIRE PLAN Enrollees

Benefit Better For those with CDPHP Medicare Choice

If you have a hearing loss, we offer

- The BEST Technology
- A FREE Captioning Phone**
- Competent Caring Professionals
- No Interest Payment Plans
- Amplification For Every Loss, Lifestyle & Budget
- Wireless Technology for Listening to Music
- 9 Locations throughout the Capital Region

Better Hearing Month Special

1 Anthem XT RIC at Regular Price
2nd Aid

30% OFF

Better Hearing Month Special

Any Style of Start Hearing Aids

\$3500
For a Pair

Better Hearing Month Special

With All Hearing Aids Purchased

- Extra Year of Warranty
- Dry Aid to Control Moisture
- 1 Year Batteries

www.hearforyou.info

Albany
708-6123

Saratoga
618-4805

Amsterdam
620-4267

Rotterdam
631-4188

Cobleskill
868-7322

Mayfield
620-4611

*Not a hearing test. For amplification purposes only. **To be eligible for this offer, patients must have a proven hearing loss, a home phone line and a high speed internet connection (wired or wireless)



"the way to build today"
5 Sand Creek Road
Albany, NY
digitalx-press.com

Digital X-press is the Capital Region's largest commercial print and mail facility offering everything needed for a direct marketing program all in one place. From design to delivery including fulfillment, Digital X-press utilizes an integrated services approach designed to maximize your marketing dollar. More than 1 million pieces are mailed daily from their in-house USPS facility. Services include database management, demographic research as well as digital printing, laser personalization and offset printing.

"Providing direct mail solutions for today's rapidly evolving marketing world".



Riverhill Center, Suite 105
1205 Troy-Schenectady Road
Latham, NY
empireneuro.org

Empire Neurology specializes in Multiple Sclerosis, Alzheimer's Disease and Related Dementias, Botox injections, Electrodiagnosis (EMG Testing), Neuropathic pain, Migraine and Chronic Headache Disorders

Their neurologists, all Board Certified in Neurology, teach at Harvard Medical School and are on the Consulting Staff at Beth Israel Deaconess Medical Center in Boston. They are on the Staff at Ellis Hospital in Schenectady, NY. Empire Neurology has active clinical trials in Alzheimer's Disease, Multiple Sclerosis, and Migraine Headache.

The Director, Dr. Keith Edwards has been involved with multiple sclerosis and Alzheimer's evaluation, treatment and research for 30 years. He has been involved with Dementia, neuropathic pain and headache evaluation, treatment and research for over 30 years. He participated in many multi-centered treatment trials for new pain and headache medications as well as many new Alzheimer's medications.

Memory Center of Northeastern New York and Multiple Sclerosis Center of Northeastern New York: An Affiliated MS Comprehensive Care Center of the National Multiple Sclerosis Society.



745 Charlton Road • Charlton, NY
charlontavern.com

In 1787, in the village of Charlton, NY, Elmer Smith opened "the Old Charlton House" as a stage coach stop. The tavern was on the ground floor and a barn and livery stable was in the place of the present day kitchen. In January, 2009, the Charlton Tavern passed, due to fire. With the love and support of family and friends, the heart of Charlton was refitted and returned to its rightful place of meetings and gatherings for all. Charlton Tavern boasts a unique menu and daily specials offering simple dishes originally conceived and authentically prepared by Chef Paul Persico.

"The Charlton Tavern where there are no strangers... Only friends who have not yet met."



91 Harvard Road • Watervliet, NY
Smsmediainc.com

Sandy Mardigian, President, SMS Media has marketing expertise in media, media buying and has a track record of success delivering results for clients, developing and implementing strategies that involve all types of media. Sandy Mardigian has solid experience designing creative and effective media plans for clients in local, regional, national and global markets, using traditional and new media.

A really smart media plan will drive business success. That has been the mission of SMS Media from the beginning – smart media planning and execution that drives clients' success. Using the right media mix to reach consumers today and tomorrow.

"Clarity that drives results. Focused Strategies that Deliver"



17 Main Street • Ballston Lake
carneystavern.net

A Ballston Lake tradition since 1840, Carney's will be celebrating its 30th anniversary in October. Carney's had its' beginnings as a hotel bar more than 150 years ago and has always been a vital part of the Ballston Lake community. With the D&H railroad station and the Schenectady-Saratoga trolley line station across the street, the hotel bar became a natural gathering place for travelers, townspeople and local farmers. In 1901, Vice President Theodore Roosevelt was hunting in the Adirondacks when he was informed of President McKinley's assassination. On his return trip to Washington DC, the future President stopped at the hotel for food and news. Good food and drinks with honest prices were a tradition that Carney's is proud to continue today.

It's **GRILL** Time



Come See Our Weber Grill Showroom

FREE Assembly and Delivery with your Weber Grill purchase for a limited time.*

Allerdice **ACE** Building Supply & Hardware

Allerdice Building Supply
41 Walworth Street
Saratoga Springs • 584-5533

Allerdice Hardware
2570 Route 9
Malta • 899-6222

Allerdice Hardware
Milton Center Plaza
(next to Hannaford)
Ballston Spa • 885-8508

Hours: M-F 7A-8PM, SA 7A-6PM, SU 9A-3PM

www.Allerdice.com

*See store for details.

{GM}

GIST MARKETING

5 Southside Drive
Clifton Park, NY
gistmarketinggroup.com

Saratoga County's top design firm, Gist Marketing specializes in graphic design, marketing services, social media consulting, copywriting, and mobile marketing. Their team of designers works with marketing specialists to deliver graphics with the greatest impact and represent their clients with class and panache. GIST Marketing works closely with the Southern Saratoga Chamber of Commerce to provide graphic design and marketing services to serve the business community of Southern Saratoga County. Gist Marketing provides the chamber with mobile and digital marketing services.



660 Riverview Road
Rexford, NY
rivervieworchards.com

Riverview Orchards has been an apple farm for almost 100 years. Originally settled by the Dutch, the farm is located on an old Indian trail along the Mohawk River. After the Erie Canal was built, the farm was used as a stopping point for stabling the horses. In 1945, the Barrett family purchased the farm and grew both wholesale and retail apples and other produce for the next 40 years. Today, the farm is run by that same family and Riverview Orchards is an apple farm and country store open year round.



Schenectady Yacht Club
1646 NY Route 146
Rexford, NY
Sycontheerie.com

Located in New York's Capital District, the Schenectady Yacht Club maintains a marina on 4 acres along the historic Erie Canal. Its mission is to provide a pleasant setting for boating and safe, secure and well-maintained facilities for dockage and storage. The Schenectady Yacht Club supports river/canal related public events and promotes boat safety. Amenities include a swimming pool and a gorgeous picnic area!

KUBOTA REWARDS
It Pays to Own Orange

\$0 Down
& **0% A.P.R. Financing for 5 Years***



BX2660

This is the year to reward yourself with a new Kubota. Right now you can get long-term, low-rate financing on a versatile BX Series sub-compact tractor. It always pays to own quality. Offer ends June 30, 2012.



187 Valentine Road
Charlton/Ballston Lake
518-399-8574

Kubota
EVERYTHING YOU VALUE

www.kubota.com

©Kubota Tractor Corporation, 2012

*\$0 down, 0% A.P.R. financing for terms up to 60 months on purchases of select new Kubota equipment from available inventory at participating dealers through 6/30/2012. Example: A 60-month monthly installment payment term at 0% A.P.R. requires 60 payments of \$16.67 per \$1,000 borrowed. 0% A.P.R. interest is available to customers if no dealer documentation preparation fee is charged. Dealer charge for document preparation fee shall be in accordance with state laws. Only Kubota and select Kubota performance-matched Land Pride equipment is eligible. Inclusion of ineligible equipment may result in a higher blended A.P.R. Not available for Rental, National Accounts or Governmental customers. 0% A.P.R. and low-rate financing may not be available with customer instant rebate (C.I.R.) offers. Financing is available through Kubota Credit Corporation, U.S.A., 3401 Del Amo Blvd., Torrance, CA 90503; subject to credit approval. Some exceptions apply. Offer expires 6/30/2012. See us for details on these and other low-rate options or go to www.kubota.com for more information.





Come to the Fair For Old Fashioned Fun!

Saratoga County may be a melting pot these days for old and new cultures, but there is nothing quite like a good old country Fair to bring back memories of simpler times. One of the oldest fairs in New York State, the Saratoga County Fair originated at a time when family and friends could enjoy the trappings of a simpler life, enjoying the bounty of a prosperous land irrigated by nearby rivers and nourished by fertile soils. Yes, we may reside in the epicenter of Tech Valley now, but even a scientist has to eat, and the Saratoga County Fair reminds us all of why agriculture is still New York's number one industry, even in the Information Age.

The Fair is held from July 17-22 at the Ballston Spa fairgrounds, and features many Agricultural, Home Arts, Fine Arts, Grange, Culinary, 4H, Education, Antiques, Conservation, and Animal Husbandry competitions, displays and demonstrations. The Chamber of Southern Saratoga County will have a large display tent showcasing the contributions of business to our robust economy in this, its 45th anniversary year, and

the Saratoga and North Creek Railway will be featured near the big red caboose.

Enjoy the entertainment at the Grandstand, Grandstand Meadow, Tom Clements Family Pavilion, Coors Light Live Entertainment Pavilion, Kingsbury Park, and Start to Star Talent Pavilion. The Fair offers a large amusement midway, 30 acres of entertainment, talent shows, and exhibits, and over 100 vendors featuring great food and unique crafts and services.

Fair sponsors include the Adirondack Trust Company, Amtrak, Ballston Spa National Bank, the Chamber of Southern Saratoga County, Cole's Collision, Curtis Lumber, DeCrescente Distributing, 1st National Bank of Scotia, the Gazette, JC Sweet & Co., Quandt's Food Service Distributors, Saratoga.com, the Saratogian, Stewarts Shops, the Times Union, Trustco Bank, and Zach's Sports. For more information or to obtain tickets, visit www.saratogacountyfair.org.



Halfmoon Village and Yacht Club Clears Major Hurdle!

On April 4 The Town Board of Halfmoon, NY, in Saratoga County approved a Planned Development District for the Halfmoon Village and Yacht Club, a proposed 244-unit condominium development with a 75 slip marina. This project, the first of its kind in Halfmoon and the largest residential waterfront development in the Capital region, promises to re-energize the waterfront communities and marine industry of the area. "I'm delighted for [property owner] Gail Krause and her team at this news," says Pete Bardunias, President/CEO of the Chamber of

Southern Saratoga County. "Our independent business community came out in force to support this project because we believe it will attract an upscale population who desire waterfront living close to Albany, Clifton Park and Saratoga Springs. No other project will offer this degree of access to nearby industry centers and the state capital."

For more information, please contact the Chamber of Southern Saratoga County at 518-371-7748 or email pete@southern-saratoga.org.



Burnt Hills-Ballston Lake Annual Flag Day Parade

The Burnt Hills-Ballston Lake community
will be celebrating the red, white and blue
at the

**9th Annual
BH-BL Community Flag Day Parade
on Thursday, June 7, 2012**

The Route 50 Mile

This year will be the 3rd Annual "Route 50 Mile."
This one mile road race will be run 5 minutes before the parade
directly down the parade route. This event is presented by:
Community Human Services and the Burnt Hills-Ballston Lake
Business and Professional Association.
For more information, please contact CHS at (518) 399-4624.

IT'S NOT THE DESTINATION.
IT'S THE JOURNEY.

BUICK

Providing superior sales and service to its customers for over 32 years, the Mangino family is proud to represent Buick and announce the addition of GMC trucks to their line.

Mangino
BUICK GMC

Mangino Buick GMC
1484 Saratoga Road
Ballston Spa, NY • (519) 885-5301

Mangino Chevrolet
4447 State HWY 30
Amsterdam, NY • (519) 843-5702

WWW.MANGINO.COM WWW.MANGINO.COM WWW.MANGINO.COM WWW.MANGINO.COM WWW.MANGINO.COM

Waterford Canal Fest And Tugboat Roundup Bring Families To The Riverfront

The docks in Waterford will feature two exciting events this spring and summer. Canal Fest starts at 9:30 AM on Saturday May 12 and continues until 6:00PM, featuring opening ceremonies, craft and food vendors, face painting, bouncy slide, live music, dancers and more. It's a great way to welcome Spring along the historic Erie and Champlain canal waterways! Admission is free. The nearby Waterford Harbor Visitors Center offers a host of information on nearby attractions.

In late summer the Tugboat Roundup will once again bring people to the docks to enjoy the sight of a truly American invention – the working tugboat. Real tugs will visit the docks and offer tours and displays designed to demonstrate how these vessels are used daily in the transportation of products and raw materials on the waterways. Some 25,000 attendees will also enjoy music, food, childrens activities, vendors, boat rides, and family fun.

Visit www.tugboatroundup.com for more information.



The Pokingbrook Morris Dancers perform at the Canal Fest at the Waterford Visitor's Center.

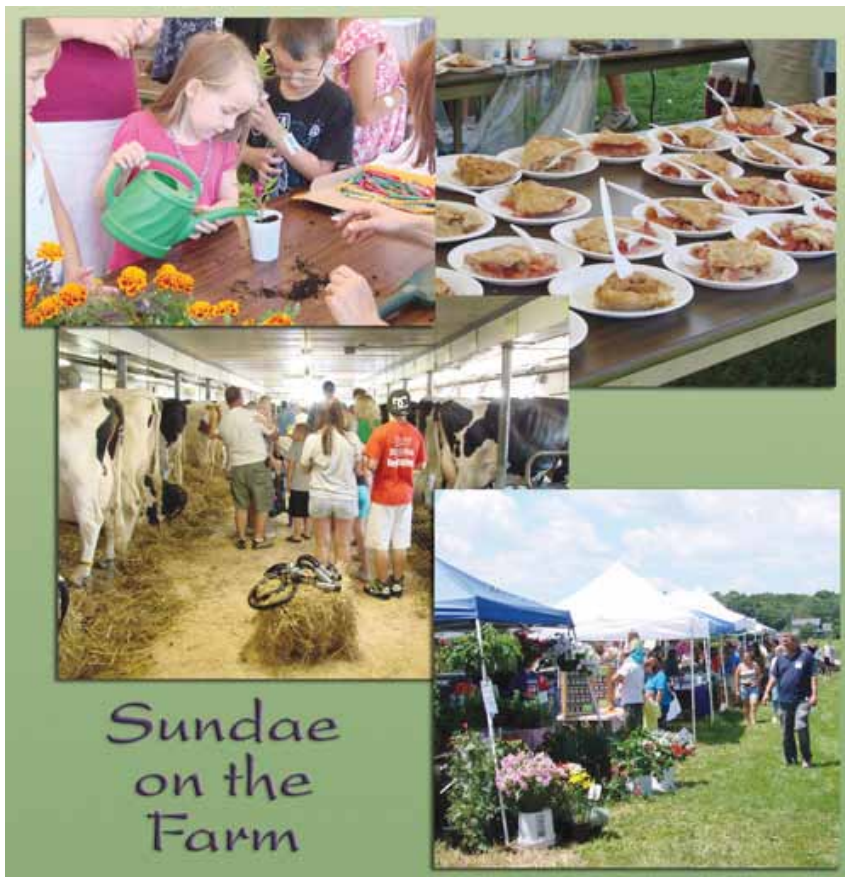
Sundae on the Farm Brings Agriculture To Life For Suburban Dwellers

Most Saratogians live in subdivisions, not on farms. They get their meat from a department in Price Chopper or Hannaford, not in the slaughterhouse. Yet, a very basic tenet remains – no farms, no food. And Saratoga County has plenty of farms to take care of local needs.

The 2012 Sundae on the Farm, on Sunday June 17 (Father's Day) from 12 Noon to 4PM at Eildon Tweed Farm in Charlton, promises a day of fun which is only available to most people on special occasions.

This working dairy farm will be open to the public, allowing tours and disseminating information regarding the current state of local food production and how it works. Childrens activities, displays, ice cream and other interesting demonstrations will be provided.

For more information visit www.saratogafarms.com.





**Town of Clifton Park's
July 4th Celebration**

**Join us on Wednesday, July 4th!
Parade begins at 12:00 p.m.**

**Parade route begins on Route 146 in
front of Shenendehowa School campus
and ends at Clifton Common**

**Rides • Games • Food • Craft Vendors
at Clifton Common following parade**

**Live music featuring Lethal Sonic Cocktail,
Sirsy and California Transit Authority
and the Largest Locally-Sponsored
Fireworks in the Capital Region!**

Event Schedule

June 2 Annual Party in the Park Town of Charlton

The annual Party in the Park, held in conjunction with the Charlton Historical Society's Founders Weekend, will be held at Elmer Smith Park.

We are asking residents and local businesses to make a donation to defray the costs of the fireworks program and other entertainment. All contributions are appreciated and will be acknowledged in the program and at the event. For donations of \$500 or greater we will gladly display one of your banners or signs at the event. Any size donation will be appreciated. At past Party in the Park events we have had over 2000 participants attend our celebration.

Please send or bring your check to the Town Clerk's office, made out to the Town of Charlton, by May 23 in order to be included in the program. Thank you in advance for your support that makes this a great weekend!

Sandy Verola & Bob Lippiello
Chairs of 2012 Party in the Park Committee

July 20 & 21 Opening 2 Days of the Saratoga Flat Track Season

Saratoga

"So The World May Hear"
Outside the front patio of The Saratoga Casino and Raceway

Come meet and support, upstate New York's most beautiful "Sports and Swim Suit Model", Miss Yasmeen Hernandez! Yasmeen will be conducting a meet and greet for the collection of pre-owned hearing aids, and devices, to be donated to the Starkey Hearing Foundation! Yasmeen will also be accepting donations to be used to recondition used hearing devices. All donations are appreciated! Please come and meet Yasmeen, and support "The Future Of Hearing"! Help Yasmeen, "Help The World Hear"! with your support of the Starkey Hearing Foundation! This will be a 2 day collection of hearing aids and devices, so please ask your neighbors to contribute. One in five American teens are now hard of hearing. Please come and help www.starkeyhearingfoundation.org and www.yasmeenlivejournal.com on July 20-21, 2012, (Fri.-Sat.) support the "hearing impaired" of American, and the World!

SEMBRICH 2012 SUMMER SEASON

Exploring a World of Music

4800 Lakeshore Drive, Bolton Landing

www.thesebrich.org • Tickets: 518-644-2431

June 16 2:00 pm
Young Performers Showcase Free

June 20 1:30 pm
Michael Harney tea-tasting & talk \$20

June 22, 7:30 pm
THE RED VIOLIN benefit, with Elizabeth Pitcairn, violin \$30

June 27 1:30 pm
Seagle Colony Preview \$15

July 7 7:30 pm
Julie-Anne Hamula Vocal Concert \$25

July 9 7:30 pm
FILM: "Koyla," Bolton Free Library FREE

July 11 1:30 pm
"Titanic" the Broadway musical,
a talk and performance \$20

July 14 7:30 pm
"From the Carpathians to the Appalachians,"
Concert with Daniel Szasz, violin \$25

July 16 7:30 pm
FILM: "Brasslands," Bolton Free Library FREE

July 18 7:30 pm
Balkan Dance Party with the Raya Brass Band \$15

July 20 10 am
Seagle Colony Children's Opera FREE

July 23 7:30 pm
FILM: "Eugene Onegin," Bolton Free Library FREE

July 25 10 am
"The Firebird" with the Puppet People FREE

ZACK'S-SPORTS
Your Full Line Gun Store For:
AMMUNITION - HANDGUNS
GIFT CERTIFICATES AVAILABLE
BUY • SELL • TRADE
Open: Tues. - Fri. 11-8; Sat. 9-5
-2138 Rt. 9, Round Lake, NY (across from the lake)
518-899-2799 • www.zackssports.com

Mangino's A Family Tradition for 65 Years
Classic Northern Italian • Regional Pasta Favorites
Traditional Italian Specialties • Italian Seafood Combinations
Dinner Served
Tue.-Thur. 4-9; Fri.-Sat. 4-10; Sun. Noon-9; Closed Mon.
PRIME RIB FRI. & SAT.
NORTHWAY EXIT 12, TO MALTA,
DUNNING ST. TO SARATOGA LAKE
584-5599

Map: SARATOGA LAKE, Exit 12 (Northway 87), Route 9P, Route 9, Malta, Dunning Rd.

Event Schedule

July 28 7:30 pm
 “From the Bards of Ireland,”
 4 singers, flute, piano & narrator\$25

August 1 1:30 pm
 Silver Bay Ensemble\$10

August 4 7:30 pm
 “Lizzie Borden at 8 o’clock” (new play)\$25

August 9 7:30 pm
 Bel Canto Institute Singers.....\$20

August 12 7:30 pm
 Concert with Musicians of the Philadelphia Orchestra ..\$25

August 13 7:30 pm
 FILM: “Tango,” Bolton Free Library..... FREE

August 15 1:30 pm
 La Cumbiamba eNeYe, Music from South America\$15

August 22 7:30 pm
 “Titanic and the Band that Played on”
 multimedia talk and performance\$20

August 25 7:30 pm
 Concert with the Hyperion Spring Quartet.....\$25

August 27 7:30 pm
 FILM: Monsoon Wedding,” Bolton Free Library FREE

Sept. 1 7:30 pm
 Christopher Johnson Piano Recital.....\$30

Sept. 14-15..... 7:30 pm
 “Unsinkable Women:
 Stories and Songs from the Titanic,” Wood Theater\$26

PERFORMING ARTS AT THE COMMON
Sunday Evenings Concerts at 7:00 pm
Musicals at 8:00 pm

June 24 Clifton Park Community Chorus
An energetic, fun-loving multigenerational group singing seasonal songs to show tunes, classic to contemporary, toe-tapping to tender, melodious and memorable.

July 1 Grand Central Station
With over 30 years of experience, Grand Central Station performs classics, pop and the most current of dance music, featuring vocalist Jenry Bejarano from season six of American Idol.

July 8 City Rhythm
An energetic eight-piece band that will keep the dance floor hopping all night long.

July 13-15, 19-22 Oliver
Summer musical performed by Clifton Park Not So Common Players.

July 29The Audiostars
*A kinetic four-piece band that delivers know-'em-by-heart classic songs with an **energy** and **passion** that define live music at its very best.*

August 5 Ten Year Vamp
Female-fronted, high energy, modern radio rock...Pink meets Foo Fighters with pints full of personality, chamr and allure!

August 12The Fighting 86's
Local Celtic Rock band blending original songs and new arrangements of crowd favorites!

August 19Doc Scanlon's Rhythm Boys
All the band members share smooth lead and harmony vocals on swinging jazz, raging rock and motivatin' Motown which culminate in a powerful, punchy big sound.

August 26Sunny Side of the Street Band
Vocally driven music with a nice bounce. It has instances of Americana, Blues, Jazz, Gypsy and Folk.

Sponsored by the Town of Clifton Park

PERFORMING ARTS FAMILY SERIES
Wednesday Evenings - Show at 7:00 pm

July 18 Domino the Great
Domino the Great keeps his audiences on the edge of their seats with his exceptional, one-of-a-kind act, keeping them suspended in laughter with a comedy-magic show that features mind-boggling magic, slapstick comedy, and masterful puppetry.

July 25Dr. Marmalaid
Dr. Marmalaid has traveled the world helping animals in distress. She introduces the children to many puppet friends. The children become her assistants giving hugs, words of encouragement, and even translating for a lost puppy. Her traveling “Emerge-And-See” Wagon will surprise and delight.

August 1 The Zucchini Brothers
Zany foot-tapping music with “Words of Wisdom”

August 8 Seth and the Moody Melix
Join the newest local children’s band for a fun and exciting multicultural musical experience designed not only to entertain, but to educate children!

August 15Let's Get Cookin'
A fun-filled performance that utilizes drama, music, complex rhythms, and acrobatics. Children, as well as their parents, will enjoy watching and participating along with our three chefs who cook up a fantastic time!

Sponsored by the Town of Clifton Park

All performances at Clifton Common Stage (next to basketball courts and Shenendehowa Adult Community Center.) Rain or shine unless otherwise noted. Lawn chairs are welcome and refreshments for family series are free courtesy of Northstar Church.

continued on page 40



- Bariatric Surgery/Bariatrics
- Breast Surgery
- Cardiology
- Colorectal Surgery
- Endocrinology
- Gastroenterology
- Neurology
- Neurosurgery
- OB/GYN
- Pain Management
- Pediatric Gastroenterology
- Pediatric Pulmonology
- Plastic Surgery
- Pulmonary
- Thoracic Surgery
- Urogynecology

Albany Med's expert physicians are seeing patients in Latham and Malta, conveniently located off the Northway (I-87) at Exits 6 and 12. With a wide range of medical specialists available in these locations, we are providing the care that Albany Med is known for—now closer to you.

To schedule an appointment in Latham, call (518) 264-9980

To schedule an appointment in Malta, call (518) 264-4055



Albany Med Faculty Physicians
Over 300 Experts Practicing What They Teach

www.amc.edu/closetoyou



Event Schedule

continued from page 38

The following are some of the programs to be held at the
Clifton Park-Halfmoon Public Library
Located at **475 Moe Road, Clifton Park, NY**
To register for the following programs
visit the Calendar of Events at www.cphlibrary.org

Thursday, May 3..... 6:30 pm
Nature Lecture with ADK Mountain Club, Schenectady
Nature lecture by Al Hicks-Bats about White Nose Syndrome in North America

Friday, May 4..... 10:30 am
An Ordinary Soldier of WWII
East Greenbush author James Breig has written a new nonfiction book, "Searching for Sergeant Bailey: Saluting an Ordinary Soldier of World War II." In his talk, Breig will share how a visit to an antique shop led to uncovering the fascinating history of a true "unknown soldier." Highlighting history from rural Virginia to wartime in New Guinea, Breig's talk should be of interest to history buffs, WWII enthusiasts and genealogists alike. He will autograph copies of his book after his talk.

Friday, May 11..... 10:30 am
Holly Ahern, Associate Professor of Microbiology, SUNY Adirondack - Spring Wildflowers
David Behm will show spring flowers and he will lead a brief wildflower walk following his presentation on the Liberty Trail, the trail that now links the library to Arongen School.

Monday, May 14..... 2 pm
Best Picture Winner-The Artist
Come see the silent film that won Best Picture at this year's Oscars. Starring Best Actor winner Jean Dujardin and Best Supporting Actress nominee Bérénice Bejo.

Monday, May 14..... 7 pm
Sage Colleges Office of Admissions - **Ready, Set, College!**
Walk through the steps students should take before their senior year in high school. Learn how to make the most of your college tours, prepare for auditions or portfolio reviews, and learn to ask the right questions. For students in grades 10 to 12. Parents welcome.

Tuesday, May 15..... 2 pm
Victorian Tea Party
Join us for a Tea Party with "The Victorian Lady" Sue McLane and learn about the history of tea, tea service and the tea ceremony.

Wednesday, May 16..... 6:30 pm
You're Getting on my Nerves: Understanding Personality Differences
We all have to live and work with people who are different from us and who sometimes annoy, frustrate, or even anger us. JUDI CLEMENTS, President of Judi Clements Training & Development, in Clifton Park, NY, is a veteran training professional who offers training, coaching and keynotes in the areas

of management, communication, wellness, and customer service. In this program, Judi shows you how to understand yourself and others better through a well-researched system based on the principles of the Myers Briggs Personality Type Assessment.

Thursday, May 17..... 6:30 pm
Weight-Loss Diets: What's the Best One For You?
Learn from Diane Whitten, Nutrition Educator, Cornell University Cooperative Extension what research says about various weight-loss diets and their effectiveness in long-term weight loss. Find out which diet plan Consumer Reports rated #1. See what characteristics people who have been successful at long-term weight loss have in common.

Friday, May 18..... 10:30 am
Susan Valaitis, ALL - Local Writers and Poets
Come hear local writers and poets who are members of the Academy of Lifelong Learning give readings of their published prose and poetry. Copies of the Academy's journal, "The Apple Tree" will be available for sale.

Friday, June 1..... 10:30 am
Newfoundland Coast to Coast
World travelers John and Barbara Youker return to CPH with a new multimedia program about Newfoundland. From St. Johns, the easternmost point in North America, accompany the Youkers on their journey to the Viking settlement in the north, Gros Morne National Park, and the small fishing communities along Newfoundland's rugged coastline.

Friday, June 1..... 4:30 pm
Music in the Garden
Join us IN THE READING GARDEN for Friday afternoon refreshments and the music of guitarist Neal Herr. Entertainment will move indoors if inclement weather.

Saturday, June 2..... 10 am-2 pm
Friends of the Library Plant Swap N' Sale
The Friends will be sponsoring a Plant Swap from 10-12:00 and Plant Sale from 12:00 - 2:00 under the roof of the Library porch. Area gardeners will be able to bring perennial plants that have been thinned from home gardens or extras of annual seedlings to the Library to swap for plants from other gardener.

Monday, June 4..... 2 pm
Best Actor in a Leading Role: MoneyBall
Join us for a viewing of "Moneyball" starring Brad Pitt, winner of the 2012 Best Actor in a leading role. This film is rated PG-13 for strong language.

Thursday, June 14..... 6:30 pm
Foreign Film Series: Water
Chuyia, an Indian girl who is married and widowed at eight years old, is sent away to a home where Hindu widows must live in penitence. Her feisty presence affects the other residents, forcing each to confront their faith and society's prejudices. In Hindi. This film is rated PG-13. Light refreshments.

Event Schedule

Saturday, June 16 2 pm
Music Company Orchestra Program

Friday, July 6 10:30 am
When People Wrote Letters

Local author Martha Tuck Rozett talks about her book which is based on family documents and describes her mother and great aunt's travels in nineteenth and the early twentieth centuries. The book also describes her great aunt's extraordinary career during the early years of medical social work, and a love story in which the religious and cultural differences between New England Episcopalians and New York Jews threaten to disrupt a romance in the 1940s. Books will be available for sale after the program.

Friday, July 6 4:30 pm
Music in the Garden

Join us IN THE READING GARDEN for Friday afternoon refreshments and listen to the unique pop sounds of Mark Rabin. Entertainment will move indoors if inclement weather.

Thursday, July 12 6:30 pm
Foreign Film Series: Triplets of Belleville

When her grandson is kidnapped during the Tour de France, Madame Souza and her beloved pooch Bruno team up with the Belleville Sisters—song-and-dance team from the days of Fred Astaire—to rescue him. Animated. This film is rated PG-13.

Sunday, July 15 2 pm
The Improv Club

Join us for an afternoon of fun with Clifton Park's own, The Improv Club, returning for their 3rd consecutive summer program!

Monday, July 16 1-6 pm
Red Cross Community Blood Drive

Nearly every 2 seconds someone in the U.S. needs blood. Boost the regional blood supply by donating here at the Library. Call 1-800-RED CROSS (1-800-733-2767) or register online at RedCrossBlood.org

Thursday, July 19 2 pm
Best Actor in a Supporting Role: Beginners

Watch Christopher Plummer, 2012 winner of the Best Actor in a supporting role, in "Beginners". This film is rated R for language and sexual content.

Classic Film Fridays 10 am
 Every Friday in August for an oldie but goodie classic movie

- Aug 3** Meet Me in St. Louis
- Aug 10** Romance on the High Seas
- Aug 17** Bringing Up Baby
- Aug 24** Double Indemnity
- Aug 31** His Girl Friday

Thursday, August 9 6:30 pm
Foreign Film Series: Separate Lies

Anne and James seemingly have the ideal marriage until the arrival of a stranger begins a string of astonishing events that leads to murder and adultery and threatens to unravel their lives forever. In English (British). This film is rated R. Light refreshments.

Set Your Home Apart With Natural Stone.



GRANITE & MARBLE WORKS, INC.

GRANITE
 MARBLE
 SOAPSTONE
 GARNET STONE
 TRAVERTINE
 ONYX
 CAESARSTONE

We stock over 400 slabs of stone in our 18,000 sq ft heated facility

8 COMMERCE PARK DRIVE,
 WILTON, NY 12831 518.584.2800

Northway Exit 16, East on Ballard Rd.,
 left on Commerce Park Drive
 Open: MTWF 8am-5pm, Th 8am-7pm,
 Sat 9am-3pm

www.graniteandmarbleworks.com



THIS GRILL STANDS OUT IN A CROWD!



Available in Black or Copper Finish

The Weber Genesis E-330

The Genesis® EP-330™ gas grill takes all the exciting features of our Genesis® line and turns up the heat with a flush-mounted side burner and 10,600 BTU per hour Sear Station burner. Now your skills can rival those of the world's greatest restaurants and steakhouses.

Stop in and check out the latest products in our new line of Weber Grills!

Weber Grill Accessories & Repair Parts Also Available



AGWAY OF BALLSTON SPA
RT. 50, Ballston Spa • 885-5318
 HOURS: Monday -Friday: 8-8; Saturday: 8-5:30; Sunday: 9-5

SOUTHERN SARATOGA SCENE

Photos by
Peter Barber,
Gazette Photographer

Guests enjoy the Southern
Saratoga Chamber's
45th Anniversary Dinner held
on March 29, 2012
at the Holiday Inn in
Saratoga Springs



BURNT HILLS LANES ...SAME NAME, NEW GAME!

www.BurntHillsBowling.com • info@BurntHillsBowling.com



Open Bowling 7 Days A Week

9am - 5pm **\$2⁵⁰** per game
 5pm - close **\$3²⁵** per game
 Shoe Rental **\$2⁵⁰** a pair

Summer Hours:

Open 6 Days A Week

Closed on Tuesday

Call about prices for

Day Camps and Summer Camps

Rock 'n Bowl Every Weekend

Friday
starts at
9pm - 11:30pm
\$10 p.p.
includes
shoes

Saturday
starts at
10pm - 1am
\$10 p.p.
includes
shoes

You Don't Bowl?

Starting in June Outside...

Volley Ball, Horseshoe Pits, Corn Hole Boards. Do you have a group looking to play every week?

Stop in and reserve your court.

Party Pavilion opening in July.



Stop in once and you'll say

"NOBODY DOES IT BETTER"



SUMMER LEAGUES FORMING

Junior Bowling,
Adult-Child League,
Have A Ball, Mixed

PRIME OPENINGS AVAILABLE FOR FALL/WINTER LEAGUES

Whether you have a league already or are forming a new league our prices and service is second to none.

Stop In For Prices & Times



Kids Bowl Free

2 Free Games A Day

All Summer Long!

All you have to do is go online to

www.KidsBowlFree.com

and register your family.

Summer shoe passes available.



Dollar Nites

\$1

Wednesday and Thursday
9am - Close

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$

SHOES, GAMES,
PIZZA, SODA,
HOT DOGS

ALL AT THE NEW
BURNT HILLS LANES!



825 Saratoga Road (Route 50) Burnt Hills, NY 12027

399-0999





Roman Way
\$123

**ROMAN WAY -
 European
 Facial &
 Relaxing Massage**
Approx. 2 hrs. (value \$135)

**The Essential Hand
 & Foot Treatment**
\$64

**Manicure &
 Essential Pedicure**
Approx. 1½ hrs. (value \$69)

London Soother
\$174

**Enjoy a 1 hour facial,
 manicure, pedicure,
 shampoo, finished hairstyle
 & a professional makeup
 application.**
(value \$204)

**Mother's Day
 Glowing Face Special**
\$129

Enjoy a 1 hour facial, professional makeup application, eyebrow wax, shampoo & a finished hairstyle. *(value \$150)*
 Add \$10 for haircut
 ***All services in packages must be used on same day.



**For Additional Packages
 Visit us at**

www.hairnbodyessentials.com

- Men's and Women's Hair Care
- European Facials
- Massage Therapy
- Private Waxing Rooms
- Pedicure Whirlpool Room
- Coloring
- Full Service Nail Area
- Body Treatments
- Scrubs • Mud Wraps
- Hair Extensions
- Cosmedix Chemical Peels
- Eyebrow and Eyelash Tinting
- Myofascial Release
- **NEW! We Now Do Shellac Gel Manicures**

We have a full selection of bath and body products including:
**Thymes Ltd., OPI Polish,
 Naitiques, M.D. Formulations
 & Sothys**

YOUR FRIENDLY DAY SPA

www.HairNbodyEssentials.com

CLIFTON PARK CENTER **383-5000**